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1. Topic in Research Achievements in the Year 2006

1. Intra-articular gene transfer of cyclin-dependent kinase inhibitors (CDKI) to suppress synovial cell cycling has shown efficacy in treating animal models of rheumatoid arthritis (RA). CDKIs also modulate immune function via a CDK-independent pathway. Accordingly, systemic administration of small molecules that inhibit CDK might ameliorate arthritis. In order to address this issue, alvocidib (flavopiridol), known to be tolerated clinically for treating cancers, and also a newly synthesized CDK4/6-selective inhibitor were tested for anti-arthritic effects. In vitro, they inhibited proliferation of human and mouse synovial fibroblasts without inducing apoptosis. In vivo, treatment of collagen-induced arthritis (CIA) mice with alvocidib suppressed synovial hyperplasia and joint destruction while serum concentrations of anti-type II collagen (CII) antibodies and proliferative responses to CII were maintained. Treatment was effective even when therapeutically administered. Treated mice developed arthritis after termination of treatment. Thus, immune responses to CII were unimpaired. Similarly, the CDK4/6-selective inhibitor suppressed CIA. Both small molecule (sm) CDK inhibitors were effective in treating animal models of RA not by suppressing lymphocyte function. We believe that smCDK inhibitors hold promise as a new class of anti-rheumatic drugs that inhibit a distinct phase of rheumatoid pathogenesis.

2. Increased bone resorption mediated by osteoclasts causes various diseases such as osteoporosis and bone erosion in rheumatoid arthritis (RA). Osteoclasts are derived from monocyte/macrophage lineage, however, the precise origin remains unclear. In this study, we show that purified CD16⁻ human peripheral blood monocyte subset, but not CD16⁺ monocyte subset, differentiated into osteoclast by stimulation with receptor activator of NF- κ B ligand (RANKL) in combination with M-CSF. Integrin β 3 mRNA and α v β 3 heterodimer were only expressed on CD16⁻ monocytes, when they were stimulated with RANKL + M-CSF. Downregulation of β 3 subunit expression by small interfering RNA targeting β 3 abrogated osteoclastogenesis from CD16⁻ monocyte subset. In contrast, CD16⁺ monocyte subset expressed larger amounts of TNF- α and IL-6 than CD16⁻ subset, which was further enhanced by RANKL stimulation. Examination of RA synovial tissue showed accumulation of both CD16⁺ and CD16⁻ macrophages. Our results suggest that peripheral blood monocytes consist of two functionally heterogeneous subsets with distinct response to RANKL. Osteoclasts seem to originate from CD16⁻ monocytes, and integrin β 3 is necessary for the osteoclastogenesis. Thus, blockade of accumulation and activation of CD16⁻ monocytes could be a beneficial approach as an anti-bone resorptive therapy, especially for RA.

2. Publications in the year 2006

1. Nonomura Y, Nagasaka K, Hagiya H, Sekine C, Nanki T, Tamamori-Adachi M, Miyasaka N and Kohsaka H Cyclin-dependent kinase 4/6 directly modulates expression of rheumatoid inflammatory mediators in retinoblastoma protein-dependent and independent pathways *Arthritis Rheum* 54(7): 2074-2083, 2006
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10. Miyasaka N. Etanercept and methotrexate for the treatment of rheumatoid arthritis. *Therapy* 2006;3(3):365-373
11. Miyasaka N. Issues in the usages of new anti-rheumatic drugs in Japan. *Jap Med Assoc J.* 2006;49(5-6):208-211

3. Abstracts in the year 2006

1. Yoshinori Nonomura, Masayasu Toyomoto, Tosinori Nanki, Nobuyuki Miyasaka, Hitoshi Kohsaka Hypoxia Overcomes Contact-Dependent Proliferative Inhibition of Rheumatoid Synovial Fibroblasts by Downregulating N-Cadherin and Subsequent p27Kip1 Expression. American College of Rheumatology 70th National Meetings, Washington, DC, November 11-16, 2006
2. Tetsuo Kubota, Rieko Hashimoto, Yasuko Fukuya, Toshihiro Nanki, Nobuyuki Miyasaka, Kazuo Umezawa. Suppression of Key Molecules Involved in the Thrombogenic Mechanisms of Antiphospholipid Syndrome by an NF- κ B Inhibitor. 8th International Congress on SLE.2007.
3. Yoshinori Nonomura, Masayasu Toyomoto, Tosinori Nanki, Nobuyuki Miyasaka, Hitoshi Kohsaka Hypoxia Overcomes Contact-Dependent Proliferative Inhibition of Rheumatoid Synovial Fibroblasts by Downregulating N-Cadherin and Subsequent p27Kip1 Expression. American College of Rheumatology 70th National Meetings, Washington, DC, November 11-16, 2006
4. Toshihiro Nanki, Takeshi Shimaoka, Kenji Hayashida, Ken Taniguchi, Shin Yonehara, Nobuyuki Miyasaka. Pathogenic Role of CXCL16-CXCR6 Pathway in Rheumatoid Arthritis. Keystone symposia, Chemokines and Chemokine Receptors. 2006.