

Short Course on Healthy Cities and Urban Health Policy August 2005



Organized by:
Promotion Committee for Healthy Cities

Course programme provided by:
WHO Collaborating Centre for Healthy Cities and Urban Policy Research
Tokyo Medical and Dental University
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Tuesday: 16 August, 2005

- 9:30 -10:00 *Registration*
- 10:00-10:30 ***Opening Ceremony***
- Welcome
- Introduction of the participants
Introduction of the course programme
- 10:40-11:15 ***Introduction: Healthy Urbanization from Idea to Practice***
- 11:15-12:30 ***Opening Session: Overview of Healthy Cities and Urban Health Policy***
- Subject (1): Concepts of Healthy Cities
Subject (2): Health determinants and health profile
Subject (3): The Alliance for Healthy Cities
- 13:30-14:30 ***Technical Visit (1): Bunkyo Public Health Center***
- Subject (4): Outline of Public Health Centers
Subject (5): Promoting physical activity and fitness in communities

15:00-16:30 ***Seminar: Public health and health promotion in Japan***

Subject (6): Administrative structure of local governments and public health services

Subject (7): Health promotion strategies and Healthy Japan 21

Wednesday: 17 August, 2005

Healthy City Visit (1): Healthy City Fukuroi

10:40-12:00 Fukuroi health center

Subject (8): Overview of Healthy City Fukuroi

Subject (9): Planning Healthy Cities Initiatives

13:30-14:00 Meet with Mayor Hideyuki Harada

Subject (10): Mayor's role for Healthy Cities

14:20-14:40 Municipal Health Committee for Health Promotion

Subject (11): Community-based activities

14:50-16:00 Ogasayama Sport Park

Subject (12): Supportive environments for health promotion

Subject (13): Ecological lifestyle and health

Thursday: 18 August, 2005

9:00-10:30 ***Technical Visit (2): Tsukiji Market***

Subject (14): Healthy markets and food safety in the Megacities

11:00-12:00 ***Technical Visit (3): Tokyo Bay Waterfront Development Area***

Subject (15): Urban revitalization projects and green projects

Subject (16): New system for energy use and waste management

13:30-14:15 ***Technical Visit (4): Tokyo City View***

Subject (17): Use in the reclaimed area for new industries and healthy living

Subject (18): Environmentally sustainable development

15:00-15:30 ***Odaiba Line: Odaiba Kaihin Koen to Hinode Sanbashi***

16:30-17:30 ***Technical Visit (5): NTT DATA***

Subject (19): Application of information and communication technologies (ICT) for health promotion

Friday: 19 August, 2005

9:00-9:30 ***Technical Visit (6): Kokugikan***

Subject (20): Use of rain water for urban ecology

10:30-12:00 ***Healthy City Visit (2): Healthy City Ichikawa***

Subject (21): Overview of Healthy City Ichikawa

Subject (22): Secretariat function of Healthy City Ichikawa

13:00-15:00 ***Technical Visit (7): Ichikawa Business Information Plaza***

Subject (23): Overview of “e-City”

Subject (24): Economic development with information technologies in Healthy Cities

16:00-16:30 ***Closing Ceremony: Designing for the Future***