

Programme

Short Course on Healthy Cities and Urban Health Policy

Healthy Cities and Urban Health Policy: Action Plan and Evaluation

17 – 21 February 2003, Tokyo Japan



WHO Collaborating Centre for Healthy Cities and Urban Policy Research
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17 February 2003, Monday

- 9:00 -10:00 *Orientation of Ochanomizu area*
- 10:00-10:45 *Introductions of the centre and university facilities*
- 11:00-12:00 ***Healthy Cities and Urban Health Policy***
- Concepts of Healthy Cities
 - Healthy Urbanization from Idea to Practice

Professor Takehito Takano
Director, WHO Collaborating Centre for Healthy Cities and Urban Policy Research; Professor, Division of Public Health, Graduate School of Tokyo Medical and Dental University

- 13:30-15:00 ***Sharing City Profiles and Experiences***

- Activities in Malaysia

- 15:30-17:00 ***Sharing City Profiles and Experiences***

- Health levels and indicators of urban environments
- Overview of development of Healthy Cities in Japan

18 February 2003, Tuesday

9:00 – 11:00 ***Urban Planning and Health Creation***

Dr Keiko Nakamura
Head of International Health
Deputy Director, WHO Collaborating Centre for Healthy Cities and Urban
Policy Research; Associate Professor, Division of Public Health, Graduate
School of Tokyo Medical and Dental University

- Urban planning law and mechanisms to encourage community participation in town planning: tools to use urban development benefits to health development
- Process and outcome indicator in evaluation of Healthy Cities: Analysis of health determinants

12:45-16:30 ***Technical Visits: Tokyo Metropolitan Government (TMG)***

Meeting with executive members of Bureau of City Planning, Tokyo Metropolitan Government

Mr Makoto Igarashi
Director of Urban Planning, Bureau of City Planning, TMG
Mr. Keiji Ito
Director of Public Park Planning, Bureau of City Planning, TMG

Subject (1): A new city planning vision for Tokyo: urban revitalization and Healthy Cities

Subject (2): Greening plan of Tokyo: Evaluation of greenery in the city and strategies to foster greening cities.

Visit to Health Information Centre, Tokyo Metropolitan Government

Subject (3): Sharing information with citizens

19 February 2003, Wednesday

9:00-11:00 ***Evaluation Activities in Healthy Cities***

- WHO Guideline for Developing a Healthy City Project
- Examples of Evaluation of Healthy Cities

12:00-17:00 ***Technical Visits: Shinnyama Community Activities [Nakano]***

- Community-based health promotion activities
- Network of community groups
- Function of award system

Technical Visits: Health Department of Nakano City

- Health Promotion Plan of Nakano
- Community participation in the process of plan formation

20 February 2003, Thursday

8:45-11:00 ***Technical Visits: Suginami City***

Meeting with Mayor Masahiro Yamada

Main subject: Multisectoral collaboration; Leadership; Community participation

- Suginami Healthy City Indicators
- Community participation programs
- Healthy Restaurants

13:30-17:00 ***Technical Visits: Central Core Revitalization Zone and Tokyo Bay Waterfront Vitalization Zone***

Main Subject: Briefing on environmentally sustainable urban vitalization projects; new system for energy use; waste management and reclamation work; and land use in the reclaimed area for new industries and healthy living

21 February 2003, Friday

9:00-10:30 ***Japanese Public Health Policies; Health Promotion Law; Healthy Japan 21***

Professor Kazuo Kawahara
Deputy Director, WHO Collaborating Centre for Healthy Cities and Urban Policy; Professor of Health Policy, Division of Public Health, Graduate School of Tokyo Medical and Dental University

11:00-12:00 ***Next Steps***

- Recent trends of legislation and regulation
- Periodical evaluation methods for effective implementation of Healthy Cities