

**Programme for the Mayors Course**  
**Short Course on Healthy Cities and Urban Health Policy**

**Healthy Cities and Urban Health Policy: Action Plan and Evaluation**

**18 February 2002 – 23 February 2002, Tokyo Japan**



**WHO Collaborating Centre for Healthy Cities and Urban Policy Research**  
**Health Promotion / International Health**  
**Graduate School of Tokyo Medical and Dental University**

18 February 2002, Monday

- 9:00-9:20      *Opening*
- 9:20-9:30      *Explanation of the schedule*
- 9:30-9:45      *Photograph*
- 10:15-11:30    *Overview of Healthy Cities in Japan*
- Healthy Urbanization from Idea to Practice: Video presentation
  - Development of Healthy Cities in Japan  
    Professor Takehito TAKANO
- 13:30-14:30    *Introduction of Cities:*
- 13:30-13:45    Johor Bahru City, Malaysia  
                    Mayor Johari Suratman
- 13:45-14:00    Kuching City, Malaysia  
                    Mayor Madehi Kolek
- 14:00-14:15    Dagupan City, Philippines  
                    Mayor Benjamin S. Lim

14:15-14:30 Marikina City, Philippines  
Mayor Ma. Lourdes C. Fernando

15:00-16:30 *Interactive Session:*  
Subject: City development policies conducive to health development in the context of international relationship

19 February 2002, Tuesday

9:00-11:30 *Technical Visit: Tokyo Metropolitan Government (TMG)*

*Meeting with executive members of Bureau of City Planning, Tokyo Metropolitan Government*

Main Subject: A new city planning vision for Tokyo: urban revitalization and Healthy Cities

11:30-12:00 *Technical Visit: Tokyo Metropolitan Disaster Prevention Center*

14:00-15:00 *Technical Visit: Secretariat Office of Tokyo Citizens' Council for Health Promotion - Towards Healthy City Tokyo*

Main Subject: Role and duties of secretariat of Healthy City Tokyo

15:00-15:30 *Technical Visit: Tokyo Metropolitan Health Promotion Center*  
Main Subject: Privatization of health promotion services

15:30-19:30 *Technical Visits: Central Core Revitalization Zone and Tokyo Bay Waterfront Vitalization Zone*

Main Subject: Briefing on environmental sustainable urban vitalization projects; new system for energy use; waste management and reclamation work; and land use in the reclaimed area for new industries and healthy living

20 February 2002, Wednesday [in Hirara]

[Travel to Miyako; Hirara City, Okinawa Prefecture]

14:30-15:30 *Discussion with the Mayor of Hirara City*  
Mayor Akira ISHIMINE, Hirara City

15:30-17:00 *Technical Visit:*  
Water system in Miyakojima  
natural spring water / underground dam for irrigation

17:00-18:00 Official Welcome and Meeting at the Hirara Assembly Hall  
Exchange of experiences with members of the Hirara Assembly, city executives and members of the Steering Committee of Hirara Healthy City

21 February 2002, Thursday [in Hirara]

9:00-11:30 *Discussion with Healthy City Team and community groups in Hirara at the several actual sites in the city*

13:30-16:00     ***Healthy Cities Mayors Symposium in Hirara:  
Sharing the Experiences of Cities in Asia***

Keynote speaker:     Mayor Akira ISHIMINE  
Symposists:         Mayor Madehi Kolek  
                          Mayor Benjamin S. Lim  
                          Mayor Ma. Lourdes C. Fernando  
Chair:                 Professor Takehito TAKANO

[Travel to Tokyo]

22 February 2002, Friday

9:00-11:30         *Discussion with Vice Governor of Tokyo Metropolitan Government (TMG)*  
                          Mr. Masamichi FUKUNAGA  
                          Vice Governor, Tokyo Metropolitan Government

*Meeting with executive members of Bureau of Public Health,  
Tokyo Metropolitan Government*  
Main Subject: Actual administrative and management scheme of Healthy  
Cities and health promotion

11:30-12:00        *Technical visit: Tokyo Metropolitan Health Information Center*

14:00-18:00        *Technical Visits:*

- History and cultural diversity of Tokyo: Edo-Tokyo Museum
- Deprived area in Tokyo: countermeasures against impoverishment, unemployment, and homelessness
- Shopping areas in Tokyo

23 February 2002, Saturday

9:00-11:00         *Summary Discussion for Future Collaboration*

- Periodical evaluation methods for effective implementation of Healthy Cities
- Recent trends of legislation and regulation
- Our proposal for joint research programs