Name:

ID:

Date:

Rater:

Oral DRS Tokyo Medical and Dental University **Oral D**iscomfort/**D**ysesthesia **R**ating **S**cale

A. Symptom Se	everity Scale (SSS)	0: none	1: very mild	2: mild	3: moderate	4: severe	5: very severe	score
A1. Foreign body	Foreign body sensation. Description: sticky, sandy, nail-like, or wire-like objects stuck between the teeth or in the mouth, attachment of foreign object, etc.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms. Maybe alleviated by wiping, brushing, etc.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by agitation or incessant complaining.	
A2. Exudation	Sensation of exudation, welling out, or gushing of saliva, bubbles, mucus, sand, etc.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms. Maybe alleviated by use of mouthpiece, etc.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by feelings of physical impairment such as inability to close the mouth.	
A3. Squeezing −pulling	Sensation of squeezing or pulling of the teeth, lips, etc.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms.	Very frequent and relatively intolerable symptoms, accompanied by pain.	Constant and extremely intolerable symptoms. May be accompanied by face distortion or use of hands or instruments to alleviate symptoms.	
A4. Movement	Sensations of involuntary movement of the teeth, lips, or jaw; insect infestation; or circulating fluid in the gums.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by agitation or incessant complaining.	
A5. Misalignment	Sensation of misaligned jaws or teeth. Description: shifted teeth or jaws, enlarged teeth, positional discomfort, and physical misalignment.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by agitation or incessant complaining.	
A6. Pain	Sensation of pain. Description: Pricking, searing, burning, general pain, etc.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by agitation or incessant complaining.	
A7. Spontaneous thermal sensation or tastes	Spontaneous thermal sensations or tastes. Description: hot, warm, cold, cool, sweet, bitter, sour, salty, etc. Does not include simple thermal or gustatory anesthesia.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by agitation or incessant complaining.	
	•		•	Intermedi	ate scores such as 1.5	and 2.5 are allowed.	A. SSS Total	

Name:

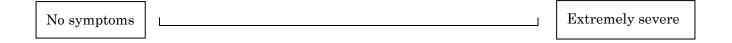
Date:

Rater:

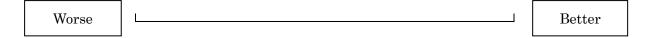
B. Functiona	l Impairment Scale (FIS)	0: none	1: very mild	2: mild	3: moderate	4: severe	5: very severe	Score
B1.	Disturbance of eating function	None	Feels some	Feels mild difficulty.	Feels moderate	Feels severe difficulty.	Impossible to eat.	
Eating	and altered dietary preference.		difficulty but eats	Somewhat decreased	difficulty. Significantly	Significantly	Needs gastrostomy or	
			normally.	ingestion. Altered dietary	decreased ingestion.	decreased body	parenteral nutrition.	
				preference, e.g., avoids	Some decrease in	weight.		
				sticky foods.	body weight.			
B2.	Disturbance of speech or	None	Feels some	Feels mild difficulty in	Feels moderate	Feels severe difficulty	Impossible to speak or	
Articulation	articulation.		difficulty in speech	speech or articulation.	difficulty in speech or	in speech or	articulate. Gives up	
			or articulation, but	Sounds somewhat	articulation. Sounds	articulation.	spontaneous speech.	
			sounds normal to	unnatural to others.	awkward and	Prominently awkward		
			others.		indistinct.	and indistinct.		
B3.	Disturbance of social	None	Feels some	Feels mild difficulty with	Feels moderate	Feels severe difficulty.	No potential to perform.	
Work	function/work.		difficulty but	mild decline in efficiency.	difficulty. Significant	Prominent decline in		
	Examples: housework for a		performs normally.		decline in efficiency.	efficiency. Hard to		
	homemaker and schoolwork for					continue.		
	a student. <u>Not limited to</u>		Greater than	"About 80%"	"About 50%"	"Less than 30%"		
	disturbance due to oral	Close to	90%				Almost	
	dysesthesia.	100%		89-70%	69-30%	>29%	0%	
B4.	Disturbance of interpersonal	None	Feels some	Feels mild difficulty. Mild	Feels moderate	Feels severe difficulty.	No potential to perform.	
Social	(e.g., meeting friends, going out)		difficulty but	decline in activity.	difficulty. Significant	Prominent decline in		
Activities	or recreational (e.g., reading,		performs normally.		decline in activity.	activity. Hard to		
	exercise) activities. <u>Not limited</u>					continue.		
	to disturbance due to oral		Greater than	"About 80%"	"About 50%"	"Less than 30%"		
	<u>dysesthesia.</u>	Close to	90%				Almost	
		100%		89-70%	69-30%	>29%	0%	
				Inte	ermediate scores such as	1.5 and 2.5 are allowed.	B. FIS Total	

C. Visual Analog Scale (VAS)

C1. Considering your experiences, how severe are your present symptoms?



C2. Compared to the baseline (before treatment), how much have your symptoms improved or worsened?



mm

mm

	Name:	ID:	Date:	Rater:
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(Note)

Oral Dysesthesia Rating Scale: A tool for assessing psychosomatic symptoms in oral regions Uezato *et al. BMC Psychiatry* 2014, **14**:359 Article URL: <u>http://www.biomedcentral.com/1471-244X/14/1696</u>

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