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Chulalongkorn University
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Final Report

"Inter-university Exchange Program toward Medical and Dental networking in South East Asia"



UNIVERSITAS INDONESIA

August, 27th-31st, 2014



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I. Introduction of The Program

Inter-university Exchange Program toward Medical and Dental networking in Southeast Asia is a project formed under consortium between Tokyo medical and Dental University (TMDU), Chulalongkorn University (CU), Universitas Indonesia (UI), and the University of Medicine and Pharmacy at Ho Chi Minh City (UMP) to nurture young educators, researchers, and caregivers who can independently assume leadership roles in medical and dental fields. In this student exchange program, students will receive practical instructions in research and clinical settings, and internship programs outside university (at companies, labs, public health centers and other institutions) under the supervision of the faculty of host universities. Academic meetings and Global retreats will also be held to build an international networking between students from each country and to enhance student's skills and knowledge in dentistry. This exchange program was first initiated in 2012 with Tokyo Medical and Dental University as the host university. In 2013, this program was held in Bangkok, Thailand hosted by Chulalongkorn University. This year, the program was held in Indonesia from Aug 27th 2014 – Sept 7th 2014, hosted by Universitas Indonesia.

Participants from the Faculty of Dentistry, Universitas Indonesia

1. Drg. Melissa Adiatman, PhD (Head of Public Relations and International Affairs)
2. Mr. Anthonius Krishna Aditya Putera (4th year student)
3. Mr. Arbi Wijaya (4th year student)
4. Mr. Muhammad Hafif Aprilianto (4th year student)
5. Ms. Afida Luthfi Yuvana (4th year student)
6. Ms. Kurniasari Nur Rahman (4th year student)
7. Ms. Melia (4th year student)
8. Ms. Ninis Yekti Wulandari (4th year student)
9. Ms. Vivian Wijaya (4th year student)



Date	AM (08.00-12.00)	PM (13.00-16.00)
Wed/Aug 27 th ,2014		Arrival of students from Tokyo Medical and Dental University and Chulalongkorn University Welcoming Dinner
Thu/Aug 28 th ,2014	Opening Ceremony: Education system at Faculty of Dentistry Universitas Indonesia Hospital tour	City Tour Jakarta Visit National Museum and Indonesian Cultural Gallery
Fri/Aug 29 th ,2014	GLOBAL RETREAT Campus tour at Universitas Indonesia, Depok Library tour	GLOBAL RETREAT Attending graduation ceremony Cultural night
Sat/Aug 30 th ,2014	GLOBAL RETREAT Lecture about dental situation in Indonesia Group work: Discussion about active learning	GLOBAL RETREAT Group work presentation Closing ceremony for students of Chulalongkorn University (presentation of certificate)
Sun/Aug 31 th ,2014	Visit Dufan amusement park	Visit Dufan amusement park
Mon/Sep 1 st ,2014	PBL Group Discussion	Visit private dental clinic and Pepsodent Dental Expert Center
Tue/Sep 2 nd ,2014	Dental health education at Jakarta Japan School	Visit Jawa Jawi Java
Wed/Sep 3 rd ,2014	Skills lab: Oral Maxillofacial Surgery and Orthodontics	Lecture: Oral Radiology and Public Health Dentistry
Thu/Sep 4 th ,2014	PBL Group Discussion	Lecture : Forensic dentistry



Fri/Sep 5th,2014	Visit Community health center at Tangerang	Closing ceremony for students of Tokyo medical and Dental University (presentation of certificate)
Sat/Sep 6th,2014	Visit Tidung Island	Visit Tidung Island
Sun/Sep 7th,2014	Visit F Widayanto Clay Statements gallery	Departure of Student from Tokyo Medical and Dental University

II. Activities during the Program

- Arrival day in Jakarta**

17 students from School of Dentistry Tokyo Medical and Dental University and Faculty of Dentistry Chulalongkorn University came to Jakarta for participating in Inter-University Exchange Program towards Dental Networking in Southeast Asia. This program conducted by Faculty of Dentistry Universitas Indonesia. As they landed, Universitas Indonesia's students welcoming them and had a dinner together with Indonesian traditional cuisine. Along the way from airport to restaurant, we were talking each other. Asking some simple question and introducing ourselves to them. At the first, we found some difficulties on having conversation with Japan and Thai students because of the accent. By the time, we could understand what they said by using effective communication and gestures. We shared a lot of experiences both academic and non-academic. Every student stood up, introduced themselves and shared organizational experiences they had before. We learn also Japanese and Thai people characters, manners, and particular cultures. Some of us already know each other because of APDSA or other international dental meetings. By this program, we could build both friendships and networks among three countries.

- Opening ceremony and City tour Jakarta**

Inter-University Exchange Program officially opened by Dean of Faculty of Dentistry Universitas Indonesia, Dr. drg. Yosi Kusuma Eriwati, M. Si. Head of Public



Relations and International Affairs, drg. Melissa Adiatman, Ph.D, gave us brief explanation about oral health condition in Indonesia. She also compared dental education system in three countries. We found many differences between Indonesia, Japan, and Thailand education systems. After that, all participants were taken to university dental teaching hospital. In the small group contained students and teaching staff, we took a walk around and discussing about their teaching hospital. Most of us have to fill the requirements before graduated as a dentist. Both Indonesia, Japan, and Thailand have quite similar requirements. In Indonesia, we have integrated clinic and affiliated teaching hospital for finishing all requirements needed. Japan has their own dental hospital for clinical activities, they don't use affiliated teaching hospital since all of surgical and non surgical procedures done in one hospital. As we finished the program in this day, all students went to Museum Gajah and have a dinner together.





- **Health Related Faculties Campus and Library Tour**

On the the third day, we visited the health related faculties campus which is located in Depok, West Java. The buildings are quite new. Five health related faculties, Faculty of Medicine, Faculty of Dentistry, Faculty of Nursing, Faculty of Pharmacy and Faculty of Public Health, in Universitas Indonesia share the utilization of the buildings together as the implementation of Inter-Professional Education system. In our visit, we can see the facilities equipped in the pre-clinical skills laboratory. There are dental mannequins which have changeable arches of teeth. These things are commonly used for oral surgery practices like simple extraction and odontectomy. They are very useful for improving the students' skill in treating the patient especially in learning the correct position when they are doing those treatments and of course the operation techniques themselves. Beside that, we also observed the auditorium room. There are hundreds of comfortable seats inside arranged in theatre style. This huge room is usually used for a lecture but in special occasion it can also be used for particular performance.

Afterward, we were moving to the library. Universitas Indonesia's library has a special nickname, it is "Crystal of Knowledge". As we walked inside, we were greeted by rows of "read" word in many languages included Japanese and Thai on the wall of the building. Inside the library, we looked at some places. According to us, the most interesting room is cube room located on the second floor. There are many cube rooms in this library. Each of them can only be used by doctoral students. It is actually just a small room, but we expect that it is a very nice place for studying because we will not be disturbed by noise. Another interesting thing in "Crystal of Knowledge" is a book written in Sanskrit language on papyrus. We really enjoyed our visit to this library because we could find something interesting inside that we had never seen before.



- **Graduation Ceremony**

Participants of this inter-university exchange program were so lucky because they could see the graduation ceremony of undergraduate students from several faculties of Universitas Indonesia. It must be a priceless moment for the graduated students. This occasion is very beneficial for the participants from Japan and Thailand because they could know exactly the graduation ceremony in Universitas Indonesia and they can compare it with the graduation ceremony in their own universities.

- **Cultural Night**

In this special event, each participating country, Indonesia, Japan and Thailand, performed a traditional show from their own cultures. But, prior to the performance session, some of the participants were asked about their feelings and thoughts of this exchange program. All of the answers were positive. They all felt extremely happy. Then, the performance session came. Indonesia had been the first performer. They presented Enggang dance. It originates from Dayak tribe of East Borneo. The dance depicts the common practice in Dayak tribe who likes to move from one place to another in groups. After the performance from Indonesia was over, Thailand students went up to the front. They dressed up in their traditional clothes. Thailand students performed a traditional Thai dance, Lao Duang Deun and Esarn-Serng. Before ending their performance, they invited the other participants to dance together on the stage. We soon joined with them and started dancing without any doubt. It was very fun. Finally, it was Japanese students' turn to show their performance. All of them wore yukata, a traditional Japanese cloth for summer season. Japanese students did not start the show with a dance, but with a video. It made us not only quite amazed but also impressed because they had prepared so much for the cultural show. In the video, teachers, staffs and students of Tokyo Medical and Dental University (TMDU) danced happily to the song "Fortune Cookie" popularized by "AKB 48". It represented a modern dance from Japan. Subsequently,



they performed a traditional one. The name of the dance is Tankobushi. It is actually a part of Bon Odori dance. Generally, Bon Dori dance is done in purpose of honoring the departed spirits of their ancestors but Tankobushi alone tells us about a working coal miner. As Japanese students danced, they sang; “dig, dig, shoulder, shoulder, back, back, push, push, open, clap, clap, clap”. Prior to the end of their performance, they also invited the other participants to dance together with them.

We were having so much fun in the cultural night. Watching the traditional dances from Japan and Thailand had expanded our horizons because we experienced something new through it. This event is one of the most memorable moments in this inter-university exchange program.



- **Lecture & Grup Work discussion**

On Saturday, all the participants from Indonesia, Thailand, and Japan had a lecture and group work project. It was held at PC 201, RIK Depok campus. The lecturer, Dr. Angki from Faculty of Dentistry Universitas Indonesia gave us a special lecture at 9 a.m. about the oral health care system and the dental professionals in Indonesia. The participants were given the information about the health care system in Indonesia, which consists of primary health care role, insurance of health covered



by government, and how to be the dentist in Indonesia. There are several steps to get the license of dental practice. A graduate student of dentistry should pass the dentist competence exam which is held by dentistry collegiums. After getting the competence certificate, a dentist should register for a new license to the profession organization. The dentists in Indonesia can open the dental practice in 3 different places. The dentists should reregister their license every five years. From this lecture, we expected that we would know about the other countries procedures in becoming a dentist and make the cooperation among several countries in oral health care system.

After having lecture, the participants were divided into 4 groups to make discussion about several kinds of learning methods. Every group consisted of Thai, Indonesian, and Japanese students. There were 4 kinds of learning methods to discuss; Problem Based Learning, Collaborative Learning, Question Based Learning, and Cooperative Learning. We should search the information about those methods and analyze about the effectiveness, the advantages and disadvantages. The discussion ended at 12 p.m., and the participants had breaks and lunch together.

After break, every group presented the result of their discussion in front of all participant and teachers with their oral and power point presentations. At the end of this activity, we had more knowledge an out several kinds of learning methods and could give recommendation to our institution in order to improve the education system in our own country. That day was the last day for Thai participants in this program, so that they were given the attended certificate by the Dean of Universitas Indonesia in the last session.

The participants might be tired because of the class that day, so that the committees brought us to have dinner together. We had dinner at pronto of Pondok Indah Mall, Jakarta. We enjoyed the dinner together, and used that night as a farewell to the Thai students. After dining time, all participants were back to the hotel by UI bus.



- **Second week activities**

On Monday, we accompanied them to visit one private dental clinic located in the South Jakarta named “DW 8”. The owner was the alumni of our faculty. The owner welcomed us very friendly and took us around the clinic. There, we also learned how to manage a private dental clinic and the equipments needed to build one. After that, we went to “Pepsodent Dental Expert Center” which is a place owned by a tooth care products company. There, we learned how they educated patients about how to manage oral hygiene and had our teeth checked by a professional dentist. Next day, in the afternoon we went to a Javanese cultural study center called Jawa Jawi Java. We learned together how to play Javanese traditional musical instruments and helped them to make our traditional pattern clothes named Batik. On Wednesday and Thursday, the TMDU students had many lectures from UI lecturers but we didn’t join since we had our own classes but we believed that they had great experiences since the lecturers and the lectures were very interesting. The closing ceremony was held on Friday afternoon. At the end of this program, we also visited some places like Tidung island and F Widayanto Clay Center for both refreshing and introducing Indonesia to other participants.





III. Conclusion

During two weeks of following this program, we think that Inter-university Exchange Program towards Medical and Dental Networking in South East Asia is a positive and excellent program. This program let us to get a lot of new experiences and knowledge that is very invaluable. This program facilitates us to get and exchange new knowledge about dentistry through lectures and discussions among the participants from Indonesia, Japan, and Thailand. Besides that, this program also let us to get to know cultures of each country, and the most important is we can establish a cross-country friendship that honestly, still interwoven until now. It was a great honor for us to be participants of this program.

Experiences and knowledge that we got in this program actually also let us to think about the importance to establish communication among dental students worldwide. So that, in the future, we won't just be a dentist that is just involved in national scope, but also can take roles in regional or even in international scope. This program also indirectly has made us to be ready to face the era of ASEAN Free Trade Area (AFTA), which requires dentist to have good cooperation in cross-country. Through this program, we can strengthen our identity as the part of the ASEAN Community.

We strongly hope this program can be continued, if necessary, can involve dental students from other countries to participate. Next year is the turn of University of Medicine and Pharmacy of Ho Chi Minh City to host the 2015 Global Retreat Inter-university Exchange Program towards Medical and Dental Networking in Southeast Asia. Hopefully, this program can run smoothly and give many other positive experiences and knowledge for the better future of dentistry.



IV. Acknowledgement

Our first appreciation addressed to the dean of each Faculty of Dentistry from three countries; from Universitas Indonesia, Dr.drg. Yosi Kusuma Eriwati, M.Si, from Tokyo Medical and Dental University, Prof. Keiji Moriyama along with Prof. Yoko Kawaguchi, and also from Chulalongkorn University, Assist. Prof. Suchit Poolthong, for their support in realizing the annual program of Inter-University Exchange Program Toward Medical and Dental Networking in Southeast Asia 2014, in Indonesia.

We also would like to give the deepest gratitude to drg. Melissa Adiatman, PhD as Head of Public Relations and International Affairs Faculty of Dentistry Universitas Indonesia as well as the staff involved. Without her guidance, support, and good cooperation among its members, certainly this program would not have been possible. Thank you for giving us the opportunity to join the program.

Thanks are also given to the all participants who came from Tokyo Medical and Dental University and Chulalongkorn University on the excellent participation in this program. Dr. Soranun Chantarangsu as an academic staff from Chulalongkorn University and also Dr. Sachiko Takehara, Dr. Masayo Yasuda, and Ms. Natsuki from Tokyo Medical and Dental University and all undergraduates and post- graduate students from both universities. We highly appreciate your willingness to participate in this program from beginning until end with so much enthusiasm. We hope all of you had a wonderful time during your stay in Indonesia. This program gave us a lot experience to enhance the bond between the three countries who participated; Indonesia, Japan, and Thailand. May this program will always continue along with its success.