

Post-SPRING (MD) APPLICATION METHOD

Yushima Student Support Office



***This is for medical and dental PhD students
(former TMDU)**

0 Application Schedule for Post-SPRING

Application Schedule for SPRING

■Please note that the application periods for each SPRING program are different.

SPRING	Thursday, October 1, 2026 - October 16, 2026 (Friday) 12:00 Upload documents via BOX system shown in Forms application <u>*You must complete both the Forms application and the BOX uploading*.</u> ●Forms application by applicant https://forms.cloud.microsoft/r/UnJWrUhdKc *The URL for uploading via the BOX is shown in the Forms application. ●Forms confirmation by research supervisor https://forms.cloud.microsoft/r/FcMUMLe9gN <u>※Ask your research supervisor to respond to another Forms directly (deadlines are strictly enforced)</u>

II Application Process

Application Process

■ *Please be sure to check* Application Process

Important 1)	The application will be accepted upon (1) “completion of submission” of the Forms application, (2) “completion of submission” of the documents via the BOX file upload system by applicant, and (3) “completion of submission” of the confirmation in another Forms by the research supervisor. Please submit your application so that everything is completed by the final application deadline. *Please save a screenshot of the completed submission.
Important 2)	The application period is strictly enforced. Applications will not be accepted after the submission deadline for any reason. *Delayed submissions due to communication or other reasons will not be accepted.
Important 3)	If an application is submitted via Forms or the BOX file upload system outside of the application period, the application will be considered invalid.
Important 4)	Please make sure that you are able to submit a Forms application in advance and that there are no problems with the connection environment, such as whether or not you can submit the application in a box.
Important 5)	It takes time to complete the Forms application and to submit documents via the BOX file upload system. Please be sure to submit your application well in advance.

Application Process

■ ***Please be sure to check* Application Process**

Preparation of
documents for
submission

[Applicant Application]

- (1) Forms Application
- (2) Submission of documents in a BOX

[Research Supervisor
Confirmation] Forms

***Applicant must ask the research supervisor to fill out the confirmation form.**

Application will not be accepted until all of the following steps are completed: (1) Forms application by applicant, (2) Uploading of documents via BOX by applicant, and (3) Confirmation by the research supervisor in another Forms. Please make sure to complete all steps.

III Submission Method

Submission Method

■ Research achievement (Form A) The file name : “Student ID Number_Name_FormA.pdf”.

Research Achievement (Worksheet No. 1)

Please fill in required information in entry (white) and selection boxes (blue) of worksheets no. 1-4.

1. Information of applicant

Name (family_given)

Student ID No.

2. Research plan status (Implementation status of interdisciplinary and international research)

Q1. Does it include joint research with overseas research institutes or laboratories?

Q2. Does it include joint research with domestic (off-campus) research institutes or laboratories?

Q3. Does it include collaborative research with other laboratories within the university?

Q4. Does the research plan directly connect the basic field and the application (or clinical) field?

Q5. Does the research plan directly connect experimental and theoretical fields?

Note

Joint research: a collaborative relationship in which the names of both parties are listed in the co-authors or acknowledgments when the research is published.

Don't forget to fill in other worksheets no. 2, 3, 4!

Input (white field)
or
Select (blue field)

Research Achievement (Worksheet No. 2)

Please fill in required information in entry (white) and selection boxes (blue) of worksheets no. 1-4.

Publications

Original article, case report, review, etc.

Total number

0 (select one)

Note

Limited to those issued/accepted within the last 5 years (later than April 2020). (max. 10 papers)

Please attach the copy of each title page or notice of acceptance in PDF format. (including author, title, journal name, date, etc.)

In certain fields (e.g., engineering) where conference presentations are more important than original papers, you can list them in this sheet.

No. 1

Please enter all the information without omission, even if it overflows.

Authors (notation order)

Role

Title

Journal, vol, page

Publishing date

Type

Peer review

Language

1.Applicant

2.Publication

3.Presentation

4.Others

office use

※*Attach pdf documents (e.g., copy of title page) proving each achievement.

8

Submission Method

■ Research Plan & Self-Promotion (Form B)

The file name : “Student ID Number_Name_FormB.pdf”.

Research Plan & Self-Promotion

v20250407

Applicant's Name (family given):
Graduate Course, Major, Year:
Actual Research Supervisor's Department, Position, Name:

Student ID Number:

No movement

Please name the file “<Student ID number><Name>_FormB.pdf” (e.g., 4320000TaroHakushi_FormB.pdf) and convert it to PDF format.

Please follow the instruction in the online application form (MS Forms), put together these files to be submitted, and submit them through the BOX File Upload System.

[Research Title]:

[Research Plan] *Describe how your research is different and unique from other projects in the lab.
*If you are in second year or above, please describe your research plan and accomplishments.

[Self-Promotion]

movable

Please delete this column (blue part) before submitting.
Please do not delete instruction notes in the form B (black).

Please write [Research Title], [Research Plan] and [Self-Promotion] in 3 pages together (convert the file to PDF format). The heading [Self-Promotion] can be moved.

The font size must be 10.5pt or more, and please write in a readable style without forcibly reducing the line spacing.
Colored chart may be included appropriately.

[Research Title] [Research Plan] must include the followings:

1. Specific research plan and progress that the applicant works on
*Final year student should focus on the achievement of your graduate study.
2. About the characteristics, originality, future prospects, etc. of the corresponding research compared with the previous studies in and out of the lab.
3. Specify the contents that the applicant will be in charge when the research is conducted in cooperation with multiple people
4. Specify the contents that the other party and applicant will be in charge when it is a domestic / international joint research.

[Self-Promotion] must include the followings:

1. Analysis of the applicant's own strengths regarding the research with evidence
2. Free description of what kind of researcher image you are aiming for in the future

Please follow the instructions (in blue square) and then delete the instruction field.

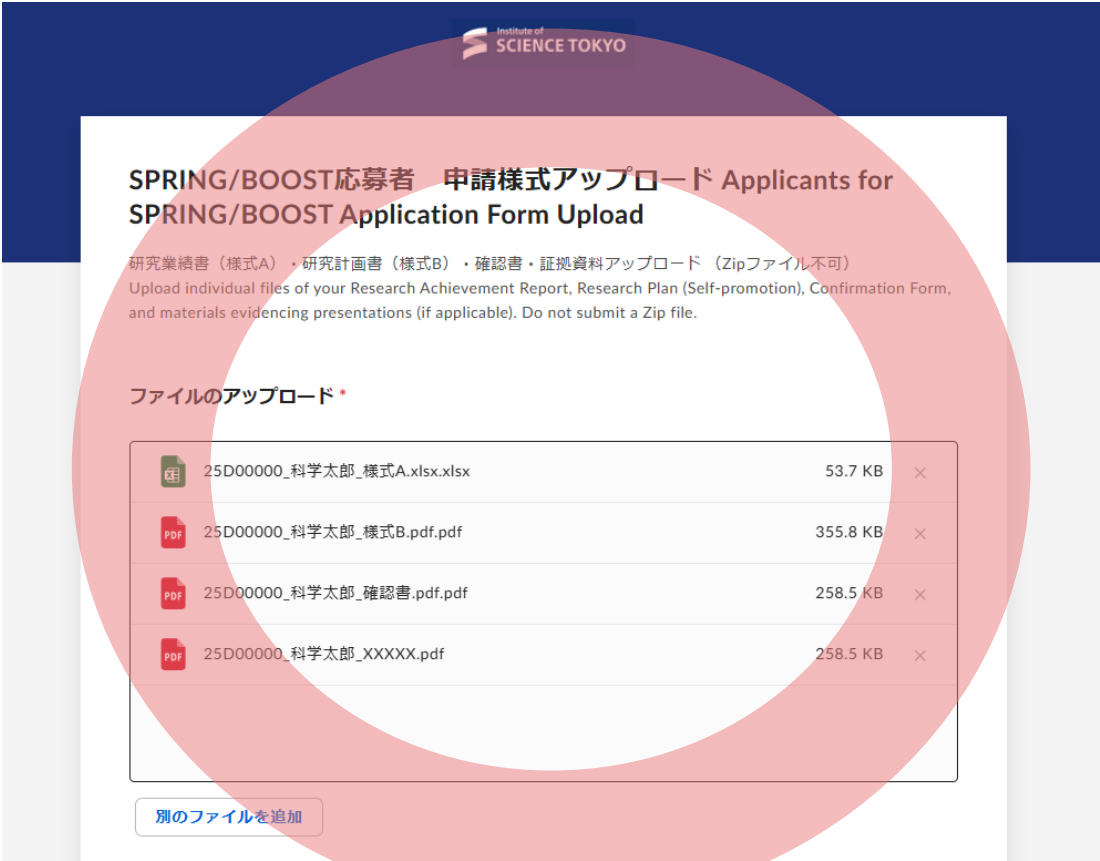
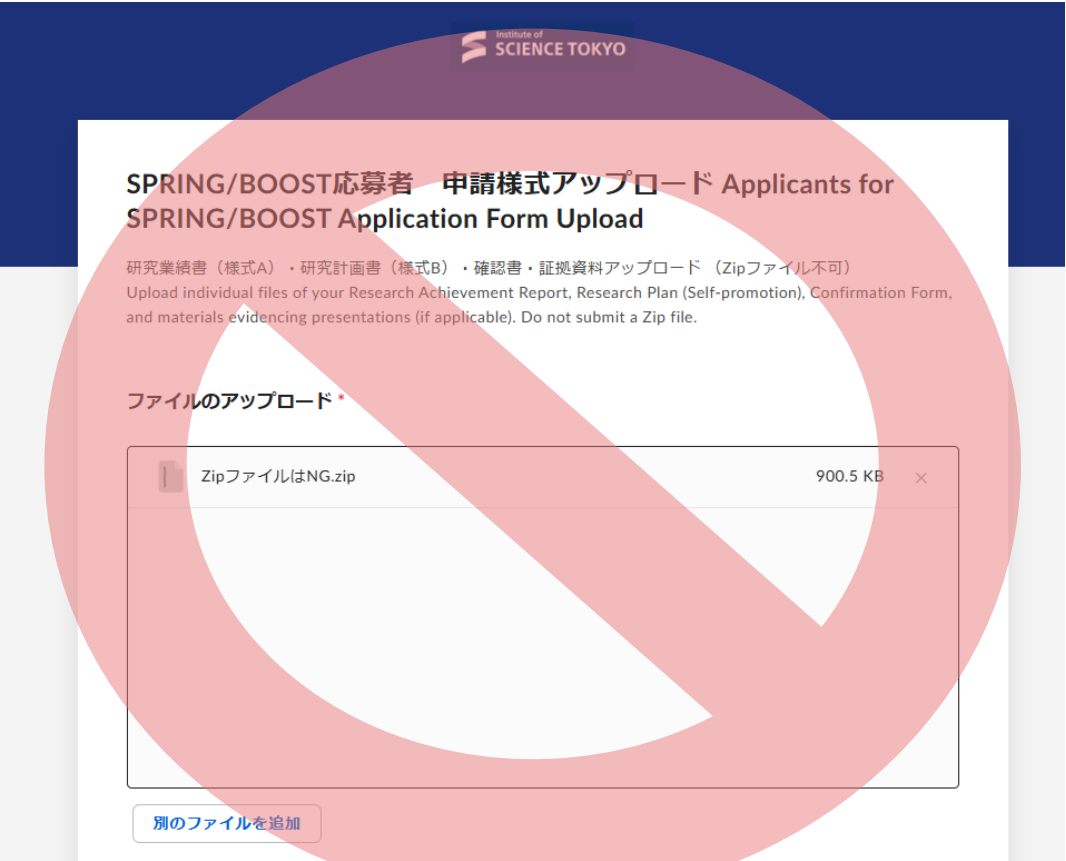
IV Submission via the BOX file upload system

Submission via the BOX file upload system

■ Submission via the BOX file upload system

(1)

Please submit all separate files to the BOX file upload system at one time. (Zip files are not acceptable)



Submission via the BOX file upload system

(2)

The file name and file format to be submitted should be changed as instructed in the application guidelines.

BOX File Upload Submitted File

- **Achievement (FormA) (Excel)**

Upload the file name of the Research Achievement Form (Form A) as "*Student ID Number_Name_FormA.xlsx*" in Excel format.

- **Research Plan (Self-promotion) (FormB) (PDF)**

Convert the Research Plan (Self-Appeal) (Form B) to PDF format with the file name "*Student ID Number_Name_FormB.pdf*".

- **Confirmation Form (PDF)**

"*Student ID Number_Name_Confirmation Form.pdf*"

- **Attached documents certifying research achievements**

***For the number of cases**

A PDF copy of the title page for your published papers (which should include information about the author, title, journal name, date, etc.) and the abstract page of your presentation at an academic conference (which should include information about the presenter, title, conference name, etc.). Note that research achievements without attached documents will be excluded from evaluation.

The screenshot shows the 'SPRING/BOOST' application form upload page. At the top, it says 'SPRING/BOOST応募者 申請様式アップロード Applicants for SPRING/BOOST Application Form Upload'. Below this, it lists the required documents: '研究業績書(様式A)・研究計画書(様式B)・確認書・証拠資料アップロード (Zipファイル不可)' and provides instructions to upload individual files. A section titled 'ファイルのアップロード*' contains a table of uploaded files:

File Name	Size	Action
25D00000_科学太郎_様式A.xlsx.xlsx	53.7 KB	×
25D00000_科学太郎_様式B.pdf.pdf	355.8 KB	×
25D00000_科学太郎_確認書.pdf.pdf	258.5 KB	×
25D00000_科学太郎_XXXXX.pdf	258.5 KB	×

At the bottom, there is a button labeled '別のファイルを追加' (Add another file).

Submission via the BOX file upload system

(3)

In principle, submission should be done only one time.

*If there are changes or additions to some documents during the submission period, please resubmit the documents (files) with such changes, etc. Please rename the file name by adding with the word “replacement” first.

If the application in the Forms has already been completed, there is no need to recomplete it in the Forms again.

SCIENCE TOKYO

SPRING/BOOST応募者 申請様式アップロード Applicants for SPRING/BOOST Application Form Upload

研究業績書（様式A）・研究計画書（様式B）・確認書・証拠資料アップロード（Zipファイル不可）
Upload individual files of your Research Achievement Report, Research Plan (Self-promotion), Confirmation Form, and materials evidencing presentations (if applicable). Do not submit a Zip file.

ファイルのアップロード*

	差し替え_25D00000_科学太郎_様式A.xlsx.xlsx	53.7 KB	×
	差し替え_25D00000_科学太郎_XXXXX.pdf	258.5 KB	×

別のファイルを追加

V Details of Forms Application (Reference)

If you would like to confirm the details of your Forms application in advance, please refer to the following information.

Details of Forms Application (Reference)

A. 応募者情報 Applicant Information

応募者申請フォーム Post-SPRING (MD) 2026年度秋募集

Application Form for Science Tokyo Post-SPRING(MD) FY2026 Fall

※本フォーム申請はPost-SPRING応募者用申請フォームです。お申し込みには、①応募者申請フォーム②BOXでの書類提出③研究指導者確認フォーム のすべての手順が完了しないと受付できません。必ずすべての手順を完了してください。

*This form is for Post-SPRING applicants. Applications will not be accepted until all of the following steps are completed: (1) Application Form for Applicants, (2) Submission of Documents in a BOX, and (3) Research Supervisor Confirmation Form. Please make sure to complete all steps.

・Post-SPRING申請受付期限：2026年10月16日（金）12時 Applications accepted: - October 16, 2026 (Fri) PM12:00

本件問い合わせ先：湯島学生支援室 学生支援総括グループE-mail kousei.adm@ml.tmd.ac.jp

このフォームを送信する際に、お客様が、ご自身のお名前やメールアドレスなどの詳細情報を入力しない限り、その情報が自動的に取得されることはありません。

* 必須

A. 応募者情報 Applicant Information

1. 学籍番号 Student ID number * 

回答を入力してください

2. 大学院 受験番号（不明なら空欄のまま） Examinee No. of entrance examination (if unknown, leave it blank). 

回答を入力してください

Details of Forms Application (Reference)

A. 応募者情報

Applicant Information

3. 応募者（姓_名）漢字 姓と名の間にスペースを入れてください Applicant's name (family and given name) in Kanji/Chinese characters. Put a space between them. (If not available, fill in English). * 

回答を入力してください

4. 応募者（姓_名）ふりがな * 

姓と名の間にスペースを入れてください Applicant's name (family and given name) in hiragana characters. Put a space between them. (If not available, fill in English).

回答を入力してください

5. 応募者（姓_名）英語 Applicant's name, in English * 

回答を入力してください

6. 性別 Gender * 

☐ 男性 Male

☐ 女性 Female

☐ 答えない No answer

7. メールアドレス Email address * 

回答を入力してください

Details of Forms Application (Reference)

A. 応募者情報

Applicant Information

8. 所属学科 Graduate school, Major * 

- ☐ 医歯学総合研究科 医歯学専攻（医系） Medical and Dental Sciences (Medical)
- ☐ 医歯学総合研究科 医歯学専攻（歯系） Medical and Dental Sciences (Dental)
- ☐ 医歯学総合研究科 生命理工医療科学専攻 Biomedical Sciences and Engineering
- ☐ 保健衛生学研究科 Health Care Sciences

9. 学年 School year ※ 5 年一貫制（保健衛生学）該当者は 3 年次を博士 1 年相当とみなしてください。* 

- ☐ 博士 1 年（相当※） 1st year of PhD program
- ☐ 博士 2 年（相当※） 2nd year of PhD program
- ☐ 博士 3 年（相当※） 3rd year of PhD program
- ☐ 博士 4 年 4th year of PhD program

10. 『正式な』研究指導者の氏名と所属分野 "Official" research supervisor's name and department/laboratory ※日本語で表記してください Please indicate in Japanese.

例) 湯島 太郎 医歯解析学分野 * 

回答を入力してください

Details of Forms Application (Reference)

A. 応募者情報 Applicant Information

11. 『実際の』研究指導者の氏名と所属分野（実際に応募者を受け入れ、研究費の執行を監督できる本学内の分野長） "Actual" research supervisor's name and department/laboratory (The head of department/laboratory who supervises your research and your research expense management at the university). ※日本語で表記してください。上記と同一でも構いません。Please indicate in Japanese. The same as above is acceptable.

例) 湯島 太郎 医歯解析学分野 （上記と同一の場合） * 

回答を入力してください

12. 『実際の』研究指導者のメールアドレス "Actual" research supervisor's email address * 

回答を入力してください

次へ

ページ 1/4



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[プライバシー](#)と [Cookie](#) | [利用規約](#)

Details of Forms Application (Reference)

B.研究業績

Research Achievements & 研究計画 Research Plan

B.研究業績 Research Achievements & 研究計画 Research Plan

ここでは研究業績書（様式A）、研究計画書（自己アピール）（様式B）、確認書、および証拠資料（学会・論文発表の抄録部分など）ファイルを、BOXファイルアップロードシステムにてアップロードします
Here you will upload individual files of your Research Achievement Report, Research Plan (Self-promotion), Confirmation Form, and materials evidencing presentations (if applicable) via the BOX file upload system.

13. SPRINGにおける研究課題名（現時点） Title of Research Subject in SPRING (at present) ※日本語または英語 in Japanese or English *

回答を入力してください

14. 以下のBOXファイルアップロードシステムにすべての提出ファイルを1回で提出してください。（Zipファイル不可）
Please submit all files to the BOX file upload system below. Do not submit a Zip file.

※BOXでの申請書類データの提出が完了したら、このページに戻ってForms申請を完了させてください
※Once you have completed submitting your files in the BOX system, please return to this page to complete your Forms application.

【BOXファイルアップロードシステムのリンク Link to BOX file upload system】
<https://science-tokyo.app.box.com/f/d326950d6202410d850d84ef08f5b392>

* ☐

研究業績書（様式A）・研究計画書（様式B）・確認書・証拠資料アップロード
Upload individual files of your Research Achievement Report, Research Plan (Self-promotion), Confirmation Form, and materials evidencing presentations (if applicable).

【重要】研究業績書（様式A）のファイル名を「学籍番号(半角)_氏名_様式A.xlsx」として、Excel形式のまま、アップロードしてください。
<Important> Upload the file name of the Research Achievement Form (Form A) as "Student ID Number_Name_FormA.xlsx" in Excel format.

研究計画書（自己アピール）（様式B）をPDF形式に変換し、ファイル名を「学籍番号(半角)_氏名_様式B.pdf」としてアップロードしてください。
<Important> Convert the Research Plan (Self-Appeal) (Form B) to PDF format with the file name "Student ID Number_Name_FormB.pdf".

確認書（PDF） Certificate of Confirmation（PDF）
ファイル名は「学籍番号(半角)_氏名_確認書.xlsx」として "Student ID Number_Name_Confirmation Form.pdf"

研究業績を証明する添付書類（PDF）※件数分
発表論文のタイトルページ（著者名、タイトル、雑誌名、日付等が記載されているもの）と学会発表の要旨（発表者名、タイトル、学会名等が記載されているもの）のPDFコピー。なお、文献が添付されていない研究業績は評価の対象外となります。

Attached Literature Certifying Research Achievements *For the number of cases
A PDF copy of the title page for your published papers (which should include information about the author, title, journal name, date, etc.) and an abstract of your presentation at an academic conference (which should include information about the presenter, title, conference name, etc.). Note that research achievements without attached literature will be excluded from evaluation.

☐ アップロードしました Uploaded

戻る 次へ

ページ 2/4

Details of Forms Application (Reference)

C.研究業績

応募者の経歴と収入見込

Applicant's Background and Income Expectation

C. 応募者の経歴と収入見込 Applicant's Background and Income Expectation

必須 * の回答欄で該当するものがなければ、「なし」と記入してください Enter N/A if none applies in answer required field (*).

15. 応募者の学歴 Education ※修了した大学・大学院（海外は国名も）、学部学科、修了年月、取得学位を記載してください Describe universities you completed (if overseas, also country), faculties and departments, date of completion, and degree you received.

例) 湯島大学 大学院理学研究科 2026年3月 修士（理学） e.g., Yushima University, Graduate School of Science, Mar 2026, Master of Science. *



回答を入力してください

16. 修士課程の有無 Master's degree course ※研究経験の違いに配慮します We will consider differences in research experience. *

☐ 修士課程を経ています（理学系・工学系など） Through master's course (e.g., in science or engineering)

☐ 修士課程を経ません（医学系・歯学系など） Not through master's course (in medicine or dentistry)

17. 応募者の職歴 Work experience ※職種、勤務先、雇用期間、勤務形態（週何日）を簡潔に記載してください Briefly describe your previous jobs, places, periods, and work type (and days per week).

例) 臨床医、湯島病院、2024年4月～2026年3月、非常勤（週2日） e.g., clinical physician, Yushima Hospital, April 2024 - March 2026, part-time (2 days/week). *



回答を入力してください

18. 採用後の『安定した』収入見込：安定した給与・給付奨学金等〔総額 円/12か月および内訳・算出根拠〕 Estimated "stable" income after enrollment: Stable salary, benefit-type scholarship, etc. [total in yen/12 months, break down, and calculation basis].

【重要】年間240万円未満でなければなりません。必ず確認書と募集要項の注意事項を確認してください <Important> It must be less than 2.4 million yen per year. Be sure to read notes in the Confirmation Form and application guideline.

例) 総額144万円／年 内訳：神田病院勤務 120万円／年、ふるさと奨学金 24万円／年 e.g., Total 1,440,000 yen/year, Breakdown: 1,200,000 yen/year for work at Kanda Hospital, 240,000 yen/year for Hurusato scholarship.

Details of Forms Application (Reference)

C.研究業績

応募者の経歴と収入見込

Applicant's Background and Income Expectation

19. 採用後の『不安定な』収入見込：不安定な給与（医療職含む）・貸与奨学金・TA/RA等（総額 円/12か月および内訳・算出根拠） Estimated "unstable" income after enrollment: Variable salary from irregular work (including clinical jobs), lending scholarship, TA and RA wages, etc. [total in yen/12 months, break down, and calculation basis].

例）総額96万円／年 内訳：秋葉塾アルバイト 48万円／年、文京育英会 36万円／年、本学TA 12万円／年 e.g., Total 960,000 yen/year, Breakdown: 480,000 yen/year for part-time work at AkibaJuku, 360,000 yen/year for Bunkyo Scholarship, and 120,000 yen/year for TA at the university * 

回答を入力してください

20. 『不安定な給与』の理由：上記の回答に「不安定な給与」を記載した場合、『不安定』である理由を説明してください（記載なければ「なし」と記入） If you indicated "variable salary" as unstable income in your response above, please explain why it is unstable. If not, enter N/A. * 

回答を入力してください

21. 特記事項（連携大学院、本学MD-PhD/DDS-PhDコース、休学、出産育児など、考慮すべき事項があれば記載してください） Remarks (Please indicate any considerations such as joint graduate school, MD-PhD/DDS-PhD course (in Science Tokyo), leaves of absence, childbirth/child care, etc.) 

回答を入力してください

戻る

次へ

ページ 3/4

Details of Forms Application (Reference)

最終確認 Final Check

最終確認 Final Check

これまで入力した内容について確認の上、送信ボタンを押して申請を完了させてください Please confirm the information you have entered so far and press the submit button to complete your application.

22. BOXファイルアップロードシステムにて申請様式等を提出しました Submitted files via the BOX file upload system. * 

Formsでの回答のみでは申請は完了しません。BOXのみの提出では申請は完了しません。必ずFormsでの回答とBOXでのファイル提出の両方をおこなってください
A Forms response alone will not complete the application; a BOX submission alone will not complete the application. Please be sure to submit both your response in Forms and the application form in a BOX.

☐ はい Yes

23. 上記の記載内容はすべて事実と相違ありません All of the above statements are true and correct.
研究指導者から応募の承諾を得ています Your research supervisor has approved your application. * 

☐ はい Yes ※送信してください You can submit now.

戻る

送信

ページ 4/4

 Microsoft 365

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