

When you contract a school infectious disease or develop related symptoms

**(Medical and Dental students)**

Note: Graduate students engaged in clinical duties at Science Tokyo Hospital must also submit a report via the Slack channel #an-感染制御部\_病院 under 職員の健康観察.

**Students enrolled in hospital-based clinical training courses designated by each department/major  
(Classes involving contact with high-risk groups for infection)**

**【If you are diagnosed with a school infectious disease】**

- It will be treated as an authorized absence.
- The approved period will be treated as a suspension of attendance provided that the prescribed measures have been taken.

**Take measures 1 through 4 below:**

- Measure 1** · At the initial or follow-up consultation, bring the “School Infectious Disease Recovery Certificate (for Medical and Dental Programs)” and request that your attending physician complete it. (A medical certificate may also be accepted if it covers all required items on the Recovery Certificate.)
- Promptly report your absence to all contacts in the List of Absence Reporting Contacts.
  - Do not attend classes (or leave immediately if already on campus).
- Measure 2** · No action required.
- Measure 3** · Promptly complete the Infection Report [Intended for Medical and Dental Students] via MS Forms.
- Measure 4** · Within five days after resuming attendance, submit the Authorized Absence Form with the required supporting documents attached to your Student Group.

**【If you have symptoms suggestive of a school infectious disease (A, B, or C)】**

- It will be treated as an authorized absence, and the approved period will be treated as a suspension of attendance (provided that the prescribed measures have been taken).

**However, if you seek medical attention and are not diagnosed with a school infectious disease:**

- Only absences from hospital-based practical training courses designated by each department or program that fall within the mandatory stay away period will be treated as authorized absences.
- Absences from all other courses, even if held on the same day, will be treated as regular absences.

**Take measures 1 through 4 below:**

Symptoms A - Fever, sore throat, runny nose, cough, sneezing, joint pain, or muscle pain

Symptoms B - Diarrhea, vomiting, or abdominal pain

Symptoms C - Rash accompanied by fever

**Measure 1** • Promptly report your absence to all contacts in the List of Absence Reporting Contacts.

- Do not attend classes (or leave immediately if already on campus).

**Measure 2** For Symptoms A:

• After 24 hours from symptom onset, visit a hospital or clinic and undergo testing for COVID-19 and influenza (during the epidemic season).

• If symptoms are severe, you may seek medical care earlier; however, tests conducted before the 24-hour mark are not considered valid, and repeat testing after 24 hours is required.

• At the initial or follow-up consultation, bring the “School Infectious Disease Recovery Certificate (for Medical and Dental Programs)” and request that your attending physician complete it. (A medical certificate may also be accepted if it covers all required items on the Recovery Certificate.)

• If there are no hospital-based practical training courses designated by the relevant department within 10 days, submission of the Recovery Certificate is not required.

• If you test positive for COVID-19 or influenza using a home test kit 24 hours or more after the onset of symptoms, a medical consultation is not required. You must submit a photo showing the positive result, your student ID, and the date/time in a single image as supporting documentation.

For Symptoms B or C:

• Seek medical attention promptly.

• At the initial or follow-up consultation, bring the “School Infectious Disease Recovery Certificate (for Medical and Dental Programs)” and request that your attending physician complete it. (A medical certificate may also be accepted if it covers all required items on the Recovery Certificate.)

• If there are no hospital-based practical training courses designated by the relevant department within 10 days, submission of the Recovery Certificate is not required.

**Measure 3** • Promptly complete the Infection Report [Intended for Medical and Dental Students] via MS Forms.

**Measure 4:** • Within five days after resuming attendance, submit the Authorized Absence Form with the required supporting documents attached to your Student Group.

**Students not enrolled in hospital-based clinical training courses designated by each department/major  
(Classes involving contact with high-risk groups for infection)**

**【If you are diagnosed with a school infectious disease】**

- **It will be treated as an authorized absence.**
- **You must stay away from the Institute during the mandatory stay away period, provided that the prescribed measures have been taken.**

**Take measures 1 through 4 below:**

**Measure 1** • At the initial or follow-up consultation, bring the “School Infectious Disease Recovery Certificate (for Medical and Dental Programs)” and request that your attending physician complete it. (A medical certificate may also be accepted if it covers all required items on the Recovery Certificate.)

- Promptly report your absence to all contacts in the List of Absence Reporting Contacts.
- Do not attend classes (or leave immediately if already on campus).

**Measure 2** • No action required.



**Measure 3** • Promptly complete the Infection Report [Intended for Medical and Dental Students] via MS Forms.

**Measure 4**: • Within five days after resuming attendance, submit the Authorized Absence Form with the required supporting documents attached to your Student Group.

**【If you have symptoms suggestive of a school infectious disease】**

This will **not** be considered an authorized absence and will be treated as a regular absence.

- We strongly recommend that you stay home and monitor your condition.
- If you must come to campus, please wear a mask at all times and do not enter Science Tokyo Hospital. In addition, avoid contact with others outside of class.
- Monitor your temperature regularly and seek medical attention if you develop a fever over 37.5°C or you have been in contact with someone diagnosed with COVID-19 or influenza.
- If you undergo testing for COVID-19 or influenza, we recommend doing so at least 24 hours after the onset of symptoms, as earlier testing may result in false negatives.

Response Flowchart / List of School Infectious Diseases / List of Absence Reporting Contacts	Student Healthcare Center website  <a href="https://www.tmd.ac.jp/hsc/">https://www.tmd.ac.jp/hsc/</a>
Infection Report [Intended for Medical and Dental Students] via MS Forms	
Clinical Training Courses / Authorized Absence Form and Supporting Documents	The Student Group of your department