SPRING （MD）
APPLICATION METHOD

Yushima Student Support Office

Institute of
SCIENCE TOKYO

How to apply for SPRING

*This is for medical and dental PhD students （former TMDU）

0 Application Schedule for SPRING

Application Schedule for SPRING

■Application Schedule for SPRING

SPRING	October 10, 2025（Wednesday）- October 16, 2025（Thursday）12:00
	Upload documents via BOX system shown in Forms application *You must complete both the Forms application and the BOX uploading*. ●Forms application by applicant https://forms.office.com/r/BrVMP2umts *The URL for uploading via the BOX is shown in the Forms application. ●Forms confirmation by research supervisor https://forms.office.com/r/ZR0rLt6RbD ※Ask your research supervisor to respond to another Forms directly（deadlines are strictly enforced）

II Application Process

Application Process

■ ***Please be sure to check*Application Process**

Important 1)	The application will be accepted upon (1) "completion of submission" of the Forms application, (2) "completion of submission" of the documents via the BOX file upload system by applicant, and (3) "completion of submission" of the confirmation in another Forms by the research supervisor. Please submit your application so that everything is completed by the final application deadline. *Please save a screenshot of the completed submission.
Important 2)	The application period is strictly enforced. Applications will not be accepted after the submission deadline for any reason. *Delayed submissions due to communication or other reasons will not be accepted.
Important 3)	If an application is submitted via Forms or the BOX file upload system outside of the application period, the application will be considered invalid.
Important 4)	Please make sure that you are able to submit a Forms application in advance and that there are no problems with the connection environment, such as whether or not you can submit the application in a box.
Important 5)	It takes time to complete the Forms application and to submit documents via the BOX file upload system. Please be sure to submit your application well in advance.

Application Process

■*Please be sure to check*Application Process

| Preparation of documents for submission | [Applicant Application]
(1) Forms Application
(2) Submission of documents in a BOX | [Research Supervisor Confirmation] Forms
*Applicant must ask the research supervisor to fill out the confirmation form. |

Application will not be accepted until all of the following steps are completed: (1) Forms application by applicant, (2) Uploading of documents via BOX by applicant, and (3) Conformation by the research supervisor in another Forms. Please make sure to complete all steps.

III Submission Method

Submission Method

Institute of SCIENCE TOKYO

■**Research achievement（Form A）** The file name："Student ID Number_Name_FormA.pdf".

Research Achievement (Worksheet No. 1)

Please fill in required information in entry (*white*) and selection boxes (*blue*) of worksheets no. 1-4.

1. Information of applicant

Name (family_given) [ ]

Student ID No. [ ]

2. Research plan status (Implementation status of interdisciplinary and international research)

Q1. Does it include joint research with overseas research institutes or laboratories?
[0 (select one)]

Q2. Does it include joint research with domestic (off-campus) research institutes or laboratories?
[0 (select one)]

Q3. Does it include collaborative research with other laboratories within the university?
[0 (select one)]

Q4. Does the research plan directly connect the basic field and the application (or clinical) field?
[0 (select one)]

Q5. Does the research plan directly connect experimental and theoretical fields?
[0 (select one)]

Note

Joint research: a collaborative relationship in which the names of both parties are listed in the co-authors or acknowledgments when the research is published.

Don't forget to fill in other worksheets no. 2, 3, 4!

Input（white field）
or
Select（blue field）

Research Achievement (Worksheet No. 2)

Please fill in required information in entry (*white*) and selection boxes (*blue*) of worksheets no. 1-4.

Publications Original article, case report, review, etc.

Total number [0 (select one)]

Note

Limited to those issued/accepted within the last 5 years (later than October 2020). (max. 10 papers)

Please attach the copy of each title page or notice of acceptance in PDF format. (including author, title, journal name, date, etc.)

In certain fields (e.g., engineering) where conference presentations are more important than original papers, you can list them in this sheet.

No. 1 Please enter all the information without omission, even if it overflows.

Authors (notation order) [ ]

Role [0 (select one)]

Title [ ]

Journal, vol, page [ ]

Publishing date [ ]

Type [0 (select one)]

Peer review [0 (select one)]

Language [0 (select one)]

1.Applicant 2.Publication 3.Presentation 4.Others office use

※*Attach pdf documents（e.g., copy of title page）proving each achievement.

Submission Method

Institute of **SCIENCE TOKYO**

■Research Plan & Self-Promotion (Form B)　　The file name ："Student ID Number_Name_FormB.pdf".

Research Plan & Self-Promotion

v20250407

Applicant's Name (family, given): 　　　　　Student ID Number:

Graduate Course, Major, Year:

Actual Research Supervisor's Department, Position, Name:

Please name the file "<Student ID number><Name>_FormB.pdf" (e.g., 4320000TaroHakushi_FormB.pdf) and convert it to PDF format.

Please follow the instruction in the online application form (MS Forms), put together these files to be submitted, and submit them through the BOX File Upload System.

****

[Research Title]:

[Research Plan]　*Describe how your research is different and unique from other projects in the lab.

*If you are in second year or above, please describe your research plan and accomplishments.

[Self-Promotion]

No movement

movable

Please delete this column (blue part) before submitting.
Please do not delete instruction notes in the form B (black).

Please write **[Research Title], [Research Plan]** and **[Self-Promotion]** in **3 pages** together (convert the file to PDF format). The heading **[Self-Promotion]** can be moved.
The font size must be 10.5pt or more, and please write in a readable style without forcibly reducing the line spacing.
Colored chart may be included appropriately.

[Research Title] [Research Plan] must include the followings:
1. Specific research plan and progress that the applicant works on
   *Final year student should focus on the achievement of your graduate study.
2. About the characteristics, originality, future prospects, etc. of the corresponding research compared with the previous studies in and out of the lab.
3. Specify the contents that the applicant will be in charge when the research is conducted in cooperation with multiple people
4. Specify the contents that the other party and applicant will be in charge when it is a domestic / international joint research.

[Self-Promotion] must include the followings:
1. Analysis of the applicant's own strengths regarding the research with evidence
2. Free description of what kind of researcher image you are aiming for in the future

Please follow the instructions (in blue square) and then delete the instruction field.
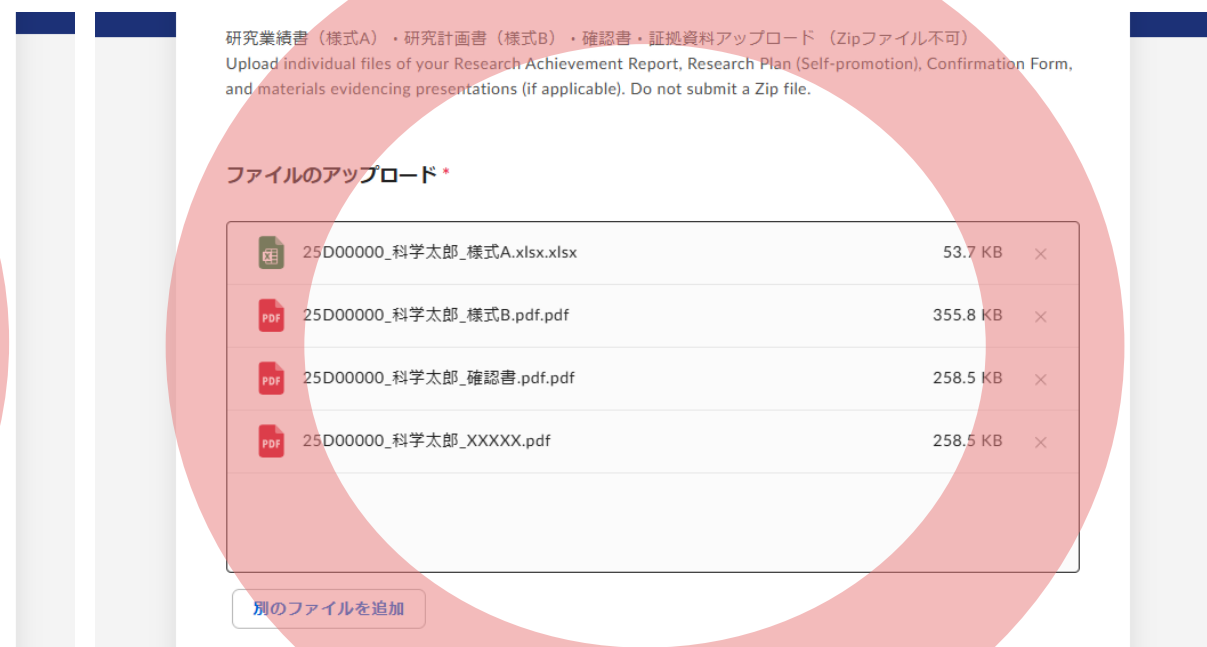
IV Submission via the BOX file upload system

Submission via the BOX file upload system

Institute of SCIENCE TOKYO

■ Submission via the BOX file upload system

(1)	Please submit all separate files to the BOX file upload system at one time. (Zip files are not acceptable)

Submission via the BOX file upload system

Institute of SCIENCE TOKYO

(2)	The file name and file format to be submitted should be changed as instructed in the application guidelines.

BOX File Upload Submitted File

・Achievement（FormA）（Excel）
Upload the file name of the Research Achievement Form (Form A) as "*Student ID Number_Name_*FormA.xlsx" in Excel format.

・Research Plan（Self-promotion）（FormB）（PDF）
Convert the Research Plan (Self-Appeal) (Form B) to PDF format with the file name "*Student ID Number_Name_*FormB.pdf".

・Confirmation Form（PDF）
"*Student ID Number_Name_*Confirmation Form,pdf"

・Attached documents certifying research achievements
  ***For the number of cases**
A PDF copy of the title page for your published papers (which should include information about the author, title, journal name, date, etc.) and the abstract page of your presentation at an academic conference (which should include information about the presenter, title, conference name, etc.). Note that research achievements without attached documents will be excluded from evaluation.

研究業績書（様式A）・研究計画書（様式B）・確認書・証拠資料アップロード（Zipファイル不可）
Upload individual files of your Research Achievement Report, Research Plan (Self-promotion), Confirmation Form, and materials evidencing presentations (if applicable). Do not submit a Zip file.

ファイルのアップロード *

25D00000_科学太郎_様式A.xlsx.xlsx	53.7 KB
25D00000_科学太郎_様式B.pdf.pdf	355.8 KB
25D00000_科学太郎_確認書.pdf.pdf	258.5 KB
25D00000_科学太郎_XXXXX.pdf	258.5 KB

別のファイルを追加

Submission via the BOX file upload system

(3)	In principle, submission should be done only one time. *If there are changes or additions to some documents during the submission period, please resubmit the documents (files) with such changes, etc. Please rename the file name by adding with the word "replacement" first. If the application in the Forms has already been completed, there is no need to recomplete it in the Forms again.

研究業績書（様式A）・研究計画書（様式B）・確認書・証拠資料アップロード（Zipファイル不可）
Upload individual files of your Research Achievement Report, Research Plan (Self-promotion), Confirmation Form, and materials evidencing presentations (if applicable). Do not submit a Zip file.

ファイルのアップロード *

差し替え_25D00000_科学太郎_様式A.xlsx.xlsx	53.7 KB	×
差し替え_25D00000_科学太郎_XXXXX.pdf	258.5 KB	×

別のファイルを追加

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Ⅴ Details of Forms Application (Reference)

If you would like to confirm the details of your Forms application in advance, please refer to the following information.

Forms申請方法について

A. 応募者情報

Applicant Information

Forms申請方法について

A. 応募者情報
Applicant Information

# Forms申請方法について

A. 応募者情報
Applicant Information

Forms申請方法について

B.研究業績
Research Achievements
& 研究計画 Research Plan

B.研究業績 Research Achievements & 研究計画 Research Plan

ここでは研究業績書（様式A）、研究計画書（自己アピール）（様式B）、確認書、および証拠資料（学会・論文発表の抄録部分など）ファイルを、BOXファイルアップロードシステムにてアップロードします
Here you will upload individual files of your Research Achievement Report, Research Plan (Self-promotion), Confirmation Form, and materials evidencing presentations (if applicable) via the BOX file upload system.

13. SPRINGにおける研究課題名（現時点） Title of Research Subject in SPRING (at present) ※日本語または英語 in Japanese or English *

回答を入力してください

14. 以下のBOXファイルアップロードシステムにすべての提出ファイルを1回で提出してください。（Zipファイル不可）
Please submit all files to the BOX file upload system below. Do not submit a Zip file.

※BOXでの申請書類データの提出が完了したら、このページに戻ってForms申請を完了させてください
※Once you have completed submitting your files in the BOX system, please return to this page to complete your Forms application.

【BOXファイルアップロードシステムのリンク Link to BOX file upload system】
https://science-tokyo.app.box.com/f/d326950d6202410d850d84ef08f5b392

*
研究業績書（様式A）・研究計画書（様式B）・確認書・証拠資料アップロード
Upload individual files of your Research Achievement Report, Research Plan (Self-promotion), Confirmation Form, and materials evidencing presentations (if applicable).

【重要】研究業績書（様式A）のファイル名を「学籍番号〔半角〕_氏名_様式A.xlsx」として、Excel形式のまま、アップロードしてください。
<Important> Upload the file name of the Research Achievement Form (Form A) as "Student ID Number_Name_FormA.xlsx" in Excel format.

研究計画書（自己アピール）（様式B）をPDF形式に変換し、ファイル名を「学籍番号〔半角〕_氏名_様式B.pdf」としてアップロードしてください。
<Important> Convert the Research Plan (Self-Appeal) (Form B) to PDF format with the file name "Student ID Number_Name_FormB.pdf".

確認書（PDF）Certificate of Confirmation（PDF）
ファイル名は「学籍番号〔半角〕_氏名_様式A.xlsx」"Student ID Number_Name_Confirmation Form,pdf"

研究業績を証明する添付書類（PDF）※件数分
発表論文のタイトルページ（著者名、タイトル、雑誌名、日付等が記載されているもの）と学会発表の要旨（発表者名、タイトル、学会名等が記載されているもの）のPDFコピー。なお、文献が添付されていない研究業績は評価の対象外となります。

Attached Literature Certifying Research Achievements *For the number of cases
A PDF copy of the title page for your published papers (which should include information about the author, title, journal name, date, etc.) and an abstract of your presentation at an academic conference (which should include information about the presenter, title, conference name, etc.). Note that research achievements without attached literature will be excluded from evaluation.

○ アップロードしました Uploaded

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Forms申請方法について

C.研究業績
応募者の経歴と収入見込
Applicant's Background
 and Income Expectation

C. 応募者の経歴と収入見込 Applicant's Background and Income Expectation

必須 * の回答欄で該当するものがなければ、「なし」と記入してください Enter N/A if none applies in answer required field (*).

15. 応募者の学歴 Education　※修了した**大学・大学院**（海外は**国名も**）、**学部学科、修了年月、取得学位**を記載してください Describe universities you completed (if overseas, also country), faculties and departments, date of completion, and degree you received. *
例）神田大学 理学部 2019年3月卒、湯島大学 大学院理学研究科 2023年3月修了 e.g., Kanda University, Faculty of Science, Mar 2019, B. Sc.; Yushima University, Graduate School of Science, Mar 2023, M. Sc.

> 回答を入力してください

16. 修士課程の有無 Master's degree course　※研究経験の違いに配慮します We will consider differences in research experience. *

○ 修士課程を経ています（理学系・工学系など）Through master's course (e.g., in science or engineering)

○ 修士課程を経ていません（医学系・歯学系など）Not through master's course (in medicine or dentistry)

17. 応募者の職歴 Work experience　※職種、勤務先、雇用期間、勤務形態（週何日）を簡潔に記載してください Briefly describe your previous jobs, places, periods, and work type (and days per week).

例）臨床医、湯島病院、2022年4月～2024年3月、非常勤（週2日）e.g., clinical physician, Yushima Hospital, April 2022 - March 2024, part-time (2 days/week). *

> 回答を入力してください

Forms申請方法について

C.研究業績
応募者の経歴と収入見込
Applicant's Background
 and Income Expectation

18. 採用後の『安定した』収入見込：安定した給与・給付奨学金等〔総額 円/12ヶ月および内訳・算出根拠〕Estimated "stable" income after enrollment: Stable salary, benefit-type scholarship, etc. [total in yen/12 months, break down, and calculation basis].
【重要】年間240万円未満でなければなりません。必ず確認書と募集要項の注意事項を確認してください　<Important> It must be less than 2.4 million yen per year. Be sure to read notes in the Confirmation Form and application guideline.

例) 総額144万円／年　内訳：神田病院勤務 120万円／年、ふるさと奨学金 24万円／年　e.g., Total 1,440,000 yen/year, Breakdown: 1,200,000 yen/year for work at Kanda Hospital, 240,000 yen/year for Hurusato scholarship.
*

回答を入力してください

19. 採用後の『不安定な』収入見込：不安定な給与（医療職含む）・貸与奨学金・TA/RA等〔総額 円/12ヶ月および内訳・算出根拠〕Estimated "unstable" income after enrollment: Variable salary from irregular work (including clinical jobs), lending scholarship, TA and RA wages, etc. [total in yen/12 months, break down, and calculation basis].

例) 総額96万円／年　内訳：秋葉塾アルバイト 48万円／年、文京育英会 36万円／年、本学TA 12万円／年　e.g., Total 960,000 yen/year, Breakdown: 480,000 yen/year for part-time work at AkibaJuku, 360,000 yen/year for Bunkyo Scholarship, and 120,000 yen/year for TA at the university *

回答を入力してください

20. 『不安定な給与』の理由：上記の回答に「不安定な給与」を記載した場合、『不安定』である理由を説明してください（記載なければ「なし」と記入）　If you indicated "variable salary" as unstable income in your response above, please explain why it is unstable. If not, enter N/A. *

回答を入力してください

21. 特記事項（連携大学院、本学MD-PhD/DDS-PhDコース、休学、出産育児など、考慮すべき事項があれば記載してください）Remarks (Please indicate any considerations such as joint graduate school, MD-PhD/DDS-PhD course (in Science Tokyo), leaves of absence, childbirth/child care, etc.)

回答を入力してください

Forms申請方法について

最終確認
Final Check