

TMDU Health Administration Center / Health Administration Office for Employees

Aim of the Health Administration Center:

The aim of the center is to advise and assist students and staffs at TMDU to have a mentally and physically healthy lifestyle in order to accomplish their goals. The activities of the center are conducted based on the policy and the plan of the TMDU Student Support and Health Administration Organization Committee. In addition to the consultations by our staffs, medical and dental examinations are conducted by the doctors and dentists at the TMDU Medical and Dental hospitals. Clerical assistance for international students is available at the International Student Support Unit, Student Support Section.

What kind of help is available?

1) Health Consultation:

Consultation for students and staffs is available as shown in Table 1. Also, height and weight measurement, and blood pressure checks are free at any time.

Students are welcome to visit the center even outside the consulting hours.

If you are troubled mentally, you may seek professional advice through a specialist on duty. The doctors at the center are specialists of the University. They will help you from various aspects.

Table 1: Health Consultation Hours

	Mon	Tue	Wed	Thu	Fri
Place Health Administration Center (2F Building No.5)	Internist on duty	○	○	○	◆
	Psychiatrist on duty	◆	○ (Clinical Psychologist)	◆	○ (Clinical Psychologist)
Open Hours 9:00~12:30 13:30~15:30	Internist on duty	◆	◆	○※1	◆※2
	Psychiatrist on duty	◆	◆	◆	○※3
Time	13:30-15:30	13:30-15:30	13:30-15:30	13:30-15:30	

※1 Except 2nd Wednesday

※2 Only 3rd Thursday afternoon

※3 1st,3rd,5th Thursday Clinical Psychologist, 2nd,4th Thursday Doctor

Place	Internist on duty	◆		◆	
HAC Branch @Liberal Arts & Sciences	Time	13:00-15:00		12:20~13:10	
Open Hours 9:45~16:15	Psychiatrist on duty	○ (Clinical Psychologist)			◆
	Time	12:20~13:10			12:20~13:10

○ : Female Doctor ◆ : Male Doctor

2) Health Checks:

- ① Regular health check
- ② Special health examination for X-ray / radioisotope professionals
- ③ Vaccinations for various diseases, such as type B hepatitis, and influenza.

3) A Certificate of Health Check :

The Center will issue the Health Certificate as required for a student's career, or which is needed when the student takes a qualifying exam.

Please note: Health Certificates are only available for those who received a regular health check.

Locations:

Hoken Kanri Center (Health Administration Center):

2F, Building No.5, Yushima Campus
1-5-45 Yushima, Bunkyo-ku, Tokyo 113-8510
Tel: 03 (5803) 5081, 5079 (Ext. 5081, 5079)

HAC Branch at the College of Liberal Arts and Sciences:

2-8-30 Konodai, Ichikawa, Chiba 272-0827
Tel: 047 (300) 7108

Staff:

Director / Professor	: Dr. Ryushi Tazawa
Associate Professor	: Dr. Nobuhide Hirai
Assistant Professor	: Dr. Keiko Komatsuzaki
Public Health Nurse	: Yoshimi Sakurai
Clinical Psychologist	: Mikako Kubo
Registered Nurse (in a branch)	: Atsuko Inuma

Please keep this guidebook for reference, or visit our homepage.

<<http://www.tmd.ac.jp/hsc/index.html>>

If you have any questions, suggestions or concerns regarding the TMDU Health Administration Center, please do not hesitate to contact us. Thank you.