

Palliative Medicine: Outline

(Code: 4827, 1st – 2nd year, 1 unit)

(Course ID: GS-c4827-L)

1. Instructors

Name	Position	Department	Contact Information
MIYAKE Satoshi	Chief Instructor / Professor	Department of Clinical Oncology	sm.conc@tmd.ac.jp

2. Classroom/Lab Lecture Location

The report assignments will be informed by e-mail.

3. Course Purpose and Outline

[Course Purpose]

Palliative medicine in Japan was originally focused on terminally ill cancer patients with pain. However, the notion surrounding it has changed as it has also been indicated in the early course of cancer treatment. This course provides an overview toward a general understanding of palliative medicine. The aim is to acquire an understanding of patients' quality of life, assess patients' overall profiles and to learn communication skills when addressing patients and their families.

[Outline]

Provide an outline on the philosophy, aim, significance and current situation of palliative care. In addition, the following will be explained: hospice, palliative care in the palliative care unit and home palliative care according to actual clinical experience. Lectures will be given on the basic quality of life scales in palliative medicine, including descriptions and applied of quality of life measures to assess total pain, and communication with patients and their families.

4. Course Objectives

By the end of this course, students will be able to:

- Understand and explain the concept of palliative medicine.
- Understand and explain assessment and management in palliative medicine.
- Understand and explain the role of palliative medicine in comprehensive cancer treatment.
- Understand and explain the role of communication in comprehensive cancer treatment.
- Understand and explain the evaluation of quality of life.

5. Format

A bidirectional class will be conducted including presentations, lectures and video content for the purpose of active participation by students taking this course.

6. Course Details

Lecture on palliative medicine for the following diseases:

- Introduction to palliative medicine
- Assessment and management of physical symptoms
- Communication in cancer treatment

No.	Topics
1	Introduction to palliative medicine (1)
2	Introduction to palliative medicine (2)
3	Overview of psycho-oncology (1)
4	Overview of psycho-oncology (2)
5	Approach to physical symptoms in palliative care unit (1)
6	Approach to physical symptoms in palliative care unit (2)
7	Overview of palliative care at home (1)
8	Overview of palliative care at home (2)
9	Communication in palliative care (1)
10	Communication in palliative care (2)

7. **Assessment**

The assessment will be by the report assignments.

8. **Prerequisite Reading**

None.

9. **Reference Materials**

To be indicated in the lecture if necessary.

10. **Language Used**

All classes are conducted in English.

11. **Office Hours**

Mon – Fri: 9:00 AM – 17:00 PM

Contact: MIYAKE Satoshi, Department of Clinical Oncology

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Please contact the instructor regarding questions or consultations.

12. **Note(s) to Students**

It is expected that anyone who is interested in the field of oncology will participate actively.