

Tougou-ID Multi-Factor Authentication Setup Manual

2025.1.20
IT Help Desk

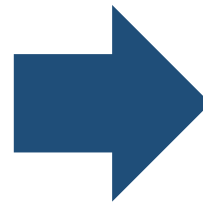
1 . Access to Tougou-ID Portal (Extic)

Please login to Tougou-ID portal (Extic) below.

<https://tmdu.ex-tic.com/auth/session>



The screenshot shows the login page for Tokyo Medical and Dental University (TMDU). The header includes the university's logo and name in Japanese and English. Below the header, there is a form with a label 'ユーザー名' (User Name) and an input field. A blue button with a right arrow and the text '次へ' (Next) is positioned below the input field. A callout box points to the input field with the text 'Tougou-ID'. At the bottom, there are links for 'パスワードを忘れましたか' (Forgot password?) and 'メンテナンス情報はこちら' (Maintenance information is here).



The screenshot shows the same login page as the first one, but with the password input field filled with dots. A callout box points to the password field with the text 'Passowrd for Tougou-ID'. The rest of the page, including the header, navigation button, and footer links, is identical to the first screenshot.

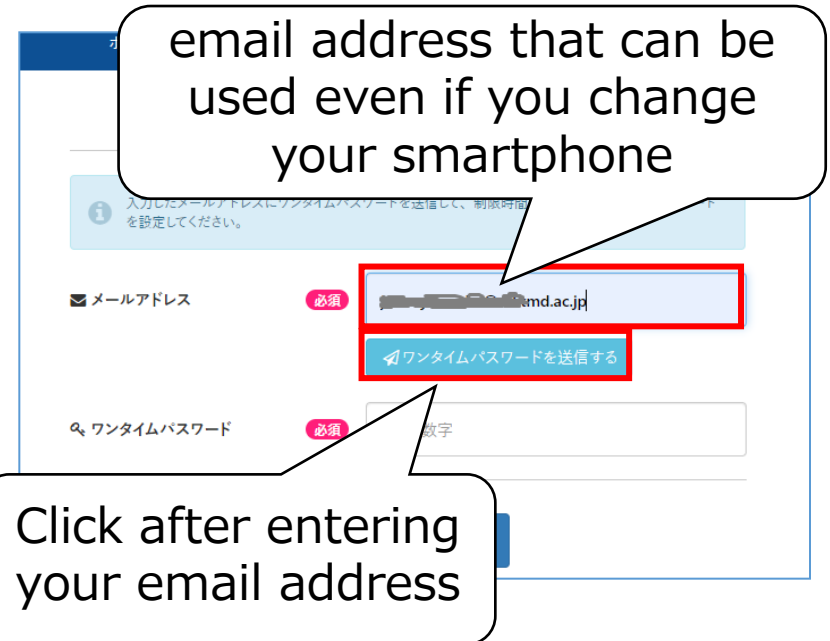
2 - 1 . Setting email MFA ※Required

Select the 「多要素認証 (OTP) 」 tab → Click on 「設定」 for 「メール認証」 row, enter your email address (※) in the email address field, and then click 「ワンタイムパスワードを送信する」.

※You can also set up an email address other than your university email address.



The screenshot shows the 'アカウント' (Account) page with a navigation bar containing 'ポータル', 'プロフィール', 'パスワード変更', '多要素認証 (OTP)', and 'ログ'. The '多要素認証 (OTP)' tab is selected and highlighted with a red box. Below the navigation bar, there are two rows: 'アプリ認証' (App Authentication) and 'メール認証' (Email Authentication). Both rows show '未設定' (Not Set) and a '設定' (Settings) button. The '設定' button for 'メール認証' is highlighted with a red box.



The screenshot shows the email authentication setup page. The 'メールアドレス' (Email Address) field is highlighted with a red box, and the 'ワンタイムパスワードを送信する' (Send One-Time Password) button is also highlighted with a red box. A callout box points to the email address field with the text: 'email address that can be used even if you change your smartphone'. Another callout box points to the 'Send One-Time Password' button with the text: 'Click after entering your email address'.

2 - 2 . Setting email MFA

Look into your email for OTP One Time Password

Subject : Exticログイン用ワンタイムパスワード

From : noreply@ex-tic.com

Password Expiration Date : The OTP is valid for **10 min** after it is sent.

※ If you clicked to send OTP a couple times, please use **the latest OTP**.

メール認証設定

入力したメールアドレスにワンタイムパスワードを送信して、制限時間内に届いたワンタイムパスワードを設定してください。

ワンタイムパスワードを送信しました。

メールアドレス 必須 [redacted]nd.ac.jp

ワンタイムパスワードを送信する

ワンタイムパスワード 必須 [redacted]

設定

After entering the One Time Password, click 「設定」

noreply@ex-tic.com 10:44
宛先: [redacted]

Extic ログイン用ワンタイムパスワード

ログイン用のワンタイムパスワードです。
ワンタイムパスワード : 5[redacted]1
有効期限 : 2021年12月16日 10時53分58秒

3 - 1 . MFA Setup (App)

The application is installed and set on your smartphone.

※It cannot be set up on hospital smartphones.

If you change your device, you need to set it again on your new one.

Please login to Tougou-ID portal ([Extic](#)) below on your additional device.
Select the「多要素認証 (OTP)」 tab → Click on「設定」for「アプリ認証」 row.



3 - 2 . MFA Setup (App) 【iOS①】

※ Refer to Page 8-9 for Android



Install Google Authenticator



Read the left QR code with your camera application on your smartphone, open and install **Google Authenticator** at AppStore. If you change your smartphone model and restore it from previous model, uninstall it first, re-install and start setting again.



Start Google Authenticator on your home screen



Begin setup

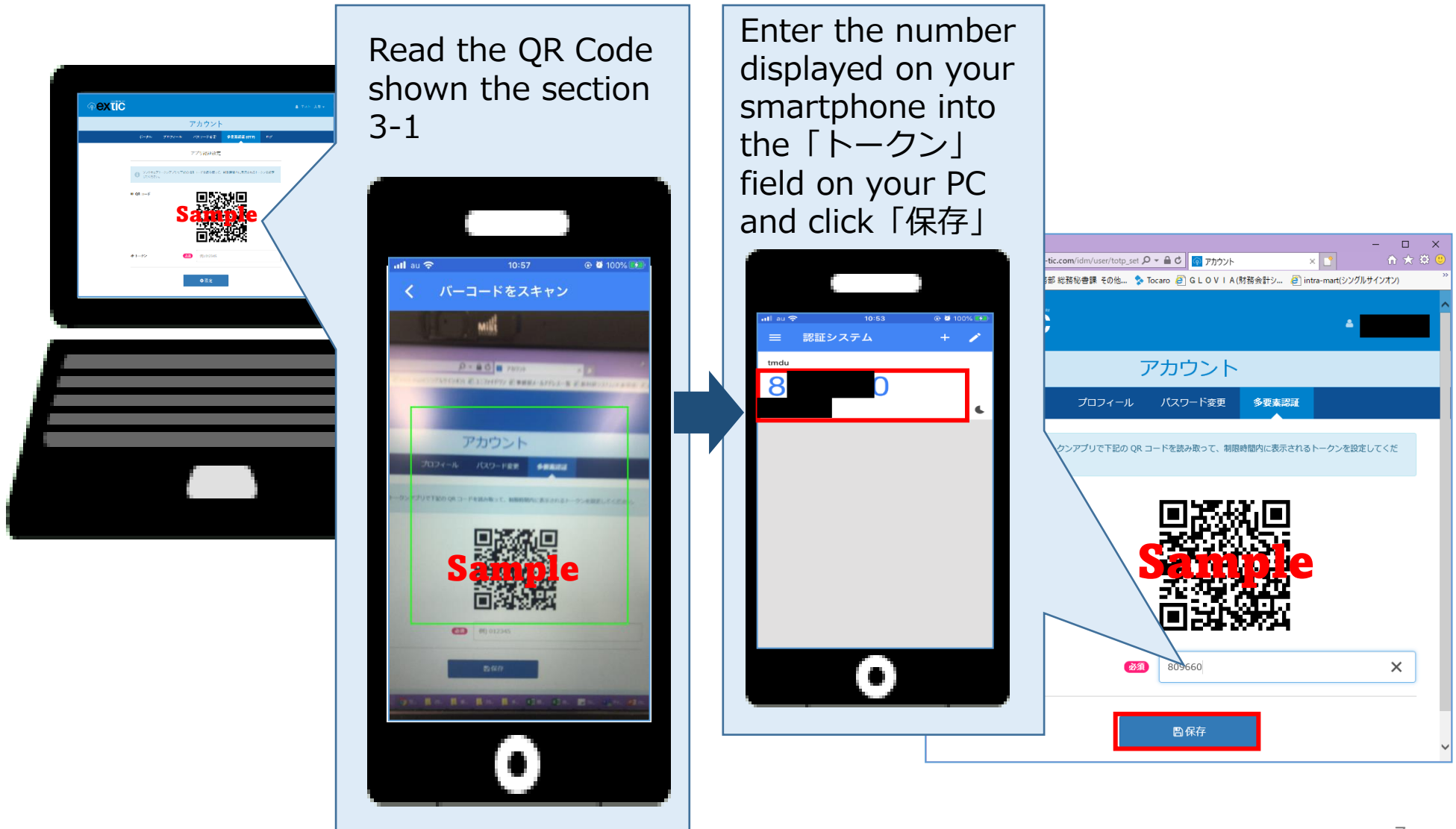


Scan barcode



Click OK to approve accessing the camera

3-2. MFA Setup (App) 【iOS②】



3 - 3 . MFA Setup (App) 【Android①】



Install Google Authenticator



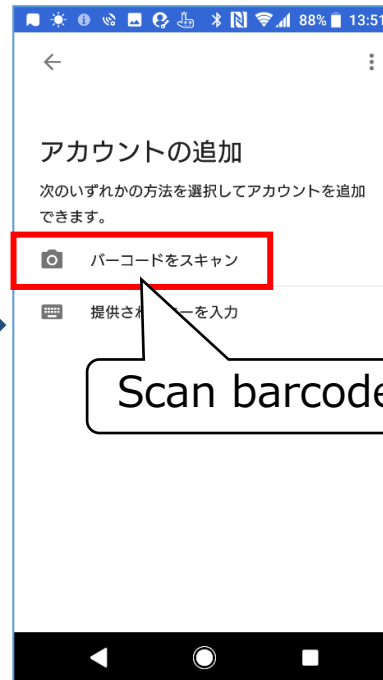
Read the left QR code with your camera application on your smartphone, open and install **Google Authenticator** at Play Store. If you change your smartphone model and restore it from previous model, uninstall it first, re-install and start setting again.



Start Google Authenticator on your home screen



Start setting



Scan barcode



Click approve accessing the camera

3 - 3 . MFA Setup (App) 【Android②】

Read the QR Code shown the section 3-1

Enter the number displayed on your smartphone into the 「トークン」 field on your PC and click 「保存」

The diagram illustrates the MFA setup process for an Android app. It consists of three main components: a laptop, a smartphone, and a PC. The laptop screen displays a QR code with the word 'Sample' overlaid in red. The smartphone screen shows a Google authentication system interface with a QR code and the word 'Sample' overlaid in red. The PC screen shows a web interface with a QR code and the word 'Sample' overlaid in red. A blue arrow points from the smartphone screen to the PC screen, indicating the flow of information. The PC screen also shows a text input field with the number '805660' and a '保存' (Save) button highlighted with a red box.

4 -1. About FIDO2 Authentication

FIDO2 authentication allows for passwordless authentication by registering your authenticator with Extic.

Depending on the combination of your PC, authenticator, OS, and web browser, FIDO2 authentication may not be possible. Please ensure to perform a compatibility check before implementation.

Information on "FIDO2 Compatible Authenticators" is available on the following website for your reference.

<https://www.exgen.co.jp/extic/specs.html>

4-2. MFA Setup (FIDO2)

Connect your authenticator or use a device with an integrated authenticator, and login to Tougou-ID portal ([Extic](#))

Select the 「多要素認証 (OTP)」 tab → Click on 「新しい認証器を追加」

アカウント

ポータル プロフィール パスワード変更 多要素認証 (FIDO2) 多要素認証 (OTP) ログ

Click 「多要素認証(FIDO2)」

アカウント

ポータル プロフィール パスワード変更 多要素認証 (FIDO2) 多要素認証 (OTP) ログ

登録できる認証器は 10 個までです。
同じ認証器を重複登録しないでください。誤って登録した場合は古い認証器を削除してください。

Click 「新しい認証器を追加」

+ 新しい認証器を追加

FIDO2 認証器

表示名	備考	操作
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4-2. MFA Setup (FIDO2)

Enter a display name and click 「追加する」.

Select your authenticator and authenticate.

認証器の追加

表示名 ?

必須

test

備考

例) Security Key by Yubico

+ 追加する

× キャンセル

Enter a display name and click 「追加する」

Windows セキュリティ

ユーザーを確認しています

このデバイスにパスキーを保存して、[redacted]して "tmdu.ex-tic.com" にサインインしましょう。

この要求は、アプリ "msedge.exe" からのもので、"Microsoft Corporation" が行ったものです。

Authenticate



指紋リーダーで指をスキャンしてください。

その他

 指紋

 PIN

 別のデバイスを使用する

キャンセル

12

4-2. MFA Setup (FIDO2)

Click 「OK」 when the saved passkey appears.

If the authenticator has been added, the setup is complete.



Click 「OK」 when the saved passkey appears

【 Contact Information 】

Please contact us at IT Help Desk
ithelp@ml.tmd.ac.jp

When doing so, attaching screenshots of any error screens will help us resolve the issue more efficiently.
Thank you for your cooperation.