

Name:

ID:

Date:

Rater:

Oral DRS

Tokyo Medical and Dental University Oral Dysesthesia Rating Scale

A. Symptom Severity Scale (SSS)		0: none	1: very mild	2: mild	3: moderate	4: severe	5: very severe	score
A1. Foreign body	Foreign body sensation. Description: sticky, sandy, nail-like, or wire-like objects stuck between the teeth or in the mouth, attachment of foreign object, etc.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms. Maybe alleviated by wiping, brushing, etc.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by agitation or incessant complaining.	
A2. Exudation	Sensation of exudation, welling out, or gushing of saliva, bubbles, mucus, sand, etc.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms. Maybe alleviated by use of mouthpiece, etc.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by feelings of physical impairment such as inability to close the mouth.	
A3. Squeezing -pulling	Sensation of squeezing or pulling of the teeth, lips, etc.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms.	Very frequent and relatively intolerable symptoms, accompanied by pain.	Constant and extremely intolerable symptoms. May be accompanied by face distortion or use of hands or instruments to alleviate symptoms.	
A4. Movement	Sensations of involuntary movement of the teeth, lips, or jaw; insect infestation; or circulating fluid in the gums.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by agitation or incessant complaining.	
A5. Misalignment	Sensation of misaligned jaws or teeth. Description: shifted teeth or jaws, enlarged teeth, positional discomfort, and physical misalignment.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by agitation or incessant complaining.	
A6. Pain	Sensation of pain. Description: Pricking, searing, burning, general pain, etc.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by agitation or incessant complaining.	
A7. Spontaneous thermal sensation or tastes	Spontaneous thermal sensations or tastes. Description: hot, warm, cold, cool, sweet, bitter, sour, salty, etc. Does not include simple thermal or gustatory anesthesia.	None	Suspected or borderline. Very mild symptoms.	Infrequent and mild symptoms.	Frequent, moderate but tolerable symptoms.	Very frequent and relatively intolerable symptoms.	Constant and extremely intolerable symptoms, accompanied by agitation or incessant complaining.	
Intermediate scores such as 1.5 and 2.5 are allowed.								A. SSS Total

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B. Functional Impairment Scale (FIS)		0: none	1: very mild	2: mild	3: moderate	4: severe	5: very severe	Score
B1. Eating	Disturbance of eating function and altered dietary preference.	None	Feels some difficulty but eats normally.	Feels mild difficulty. Somewhat decreased ingestion. Altered dietary preference, e.g., avoids sticky foods.	Feels moderate difficulty. Significantly decreased ingestion. Some decrease in body weight.	Feels severe difficulty. Significantly decreased body weight.	Impossible to eat. Needs gastrostomy or parenteral nutrition.	
B2. Articulation	Disturbance of speech or articulation.	None	Feels some difficulty in speech or articulation, but sounds normal to others.	Feels mild difficulty in speech or articulation. Sounds somewhat unnatural to others.	Feels moderate difficulty in speech or articulation. Sounds awkward and indistinct.	Feels severe difficulty in speech or articulation. Prominently awkward and indistinct.	Impossible to speak or articulate. Gives up spontaneous speech.	
B3. Work	Disturbance of social function/work. Examples: housework for a homemaker and schoolwork for a student. <u>Not limited to disturbance due to oral dysesthesia.</u>	None Close to 100%	Feels some difficulty but performs normally. Greater than 90%	Feels mild difficulty with mild decline in efficiency. “About 80%” 89–70%	Feels moderate difficulty. Significant decline in efficiency. “About 50%” 69–30%	Feels severe difficulty. Prominent decline in efficiency. Hard to continue. “Less than 30%” >29%	No potential to perform. Almost 0%	
B4. Social Activities	Disturbance of interpersonal (e.g., meeting friends, going out) or recreational (e.g., reading, exercise) activities. <u>Not limited to disturbance due to oral dysesthesia.</u>	None Close to 100%	Feels some difficulty but performs normally. Greater than 90%	Feels mild difficulty. Mild decline in activity. “About 80%” 89–70%	Feels moderate difficulty. Significant decline in activity. “About 50%” 69–30%	Feels severe difficulty. Prominent decline in activity. Hard to continue. “Less than 30%” >29%	No potential to perform. Almost 0%	
Intermediate scores such as 1.5 and 2.5 are allowed.							B. FIS Total	

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C. Visual Analog Scale (VAS)

C1. Considering your experiences, how severe are your present symptoms?

No symptoms	_____	Extremely severe
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_____ mm

C2. Compared to the baseline (before treatment), how much have your symptoms improved or worsened?

Worse	_____	Better
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_____ mm

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(Note)

Oral Dysesthesia Rating Scale: A tool for assessing psychosomatic symptoms in oral regions

Uezato *et al.* *BMC Psychiatry* 2014, **14**:359

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