Programme for
Short Course on Healthy Cities and Urban Health Policy

Healthy Cities and Healthy Islands: Evaluation in Various Settings

21 January 2002 – 1 February 2002, Tokyo Japan

WHO Collaborating Centre for Healthy Cities and Urban Policy Research
Health Promotion / International Health
Graduate School of Tokyo Medical and Dental University

21 January 2002, Monday

9:00-10:00 Opening

10:00-11:30 Start-up Session: The Concept of Healthy Cities / Healthy Islands
Professor Takehito TAKANO
Director, WHO Collaborating Centre for Healthy Cities and Urban Policy Research
Professor, Health Promotion/International Health, Division of Public Health, Graduate School of Tokyo Medical and Dental University

13:30-14:30 Hands on Seminar: Key Concepts (1)
Healthy Cities as a Policy Package
Planning Cycle for Healthy Cities / Healthy Islands

14:45-16:30 Lecture: Profiling Health in Cities: Use of Health Indicators to Assess Health in Cities
Dr. Kazuo UEMURA
President, Health and Welfare Statistics Association
22 January 2002, Tuesday

9:00    Hands on Seminar1: Country introduction –Fiji and Palau

13:30   Hands on Seminar2: Key Concepts (2)
         Organizational Structure for Healthy Cities / Healthy Islands
         Assessment, Planning, Implementation, and Evaluation
         Outline of Public Health System in Japan

23 January 2002, Wednesday

9:00    Technical Visit: Ushigome Health Center, Shinjuku-city, Tokyo
         Public Health Activities in the Community
         Dr. Atsuko TANAKA, Director of Ushigome Public Health Center

13:30   Seminar: Healthy Cities in Hirara and Minamata cities

24 January 2002, Thursday    [in Hirara]

[Travel to Hirara City, Okinawa Prefecture]

16:30   Seminar: Community Development and Healthy City Hirara
         Integration of various programmes to create healthier city, healthier
         environment
         Dr. Akira ISHIMINE, Mayor of Hirara City

         Meeting with Mayor of Hirara City:
         (Discussion and exchange of opinions on the Healthy Island initiatives)

18:30   Exchange Programme

25 January 2002, Friday        [in Hirara]

9:30    Various Community-based Activities in Hirara
         Community activities for health and environment
         Key approaches to encourage community participation

         Technical Visit:
         1. Shirakawaden source of water
         2. Takano sewage disposal facilities for pig farm
         3. Fish farm
         4. Inomata Health Resort

         Healthy Housing and Healthy Communities

         Technical Visit:
         5. Prefectural public-housing complex
         6. Green city
7. Incinerator: Solid Waste Management
8. Healthy restaurant

18:30 Meeting with Hirara Healthy Island Committee members

26 January 2002, Saturday [in Hirara]

9:30 Seminar: Concept of Healthy Tourism and Its Implementation

11:00 Technical Visit:
The museum of Hirara: Nature and Climate in Miyako-Island
Historical and Cultural Places
Healthy Marketplace

27 January 2002, Sunday

[Travel to Minamata City, Kumamoto Prefecture]

Technical Visit:
Minamata Museums

28 January 2002, Monday [in Minamata]

9:00 Seminar: Community Development and Healthy City Minamata
Integration of various programmes to create healthier city, healthier
environment

11:00 Seminar: Economic Development and Healthy Cities
Agriculture and fisheries by adding values of a healthy city (Fukuda Farm)
Eco-town: Development of industries that care for health and environment

13:30 Seminar: Various Community-based Activities in Minamata
Community activities for health and environment
Key approaches to encourage community participation

Technical Visit:
Environmental Clean Centre

15:00 Seminar: Health and Environment Administration

Technical Visit:
Minamata Health Center

16:00 Technical Visit:
Moyai center (complex community center)

29 January 2002, Tuesday

[Travel to Tokyo]
30 January 2002, Wednesday

9:00 - 10:15  Seminar: Evaluation of Healthy Cities / Healthy Islands
The evaluation framework for Healthy Cities / Healthy Islands
Case Studies of Healthy Cities / Healthy Islands
Professor Takehito TAKANO
Dr. Keiko NAKAMURA

10:30-11:30  Hands on Seminar: Setting Approach in Healthy Islands
Various examples of setting approach

13:30-14:30  Working Session: Evaluation Framework / Action Plan

15:00-16:30  Seminar: Social and Economic Development and Community Empowerment
Dr. Chihio SAITO
Associate Professor, Department of Social Development, Nihon Fukushi University

31 January 2002, Thursday

9:00-10:15  Working Session: Examples of Participatory Research Activities
Community Environmental Factors to Promote Health Literacy of Pregnant Women in Rural Areas of Paraguay
Ms Mayumi ONISHI
Instructor, Department of Community Health, Ibaraki Prefectural University

Health Determinant Factors and Nutritional Status of Children in Vientiane Municipality
Dr. Keiko NAKAMURA
Associate Professor, International Health, Tokyo Medical and Dental University

10:30-11:30  Exchange of Experiences
Dr. Manasa Niubaleirua
Ministry of Health, Fiji
Dr. Tmekei Ellis
Ministry of Health, Palau

13:30-14:30  Reflection Session: Preparation for presentations

14:30-  Technical Visit:
Water-front Development Area, Tokyo Bay

1 February 2002, Friday

9:30-11:00  Summary Session: Healthy Cities / Healthy Islands – Futures of Our Community
Wrap-up and summary of the course: Healthy Islands: Programme Development and Evaluation in Various Settings
Practical methodologies for implementation
Practical methodologies for evaluation

Dr. Manasa Niubaleirua
Dr. Tmekei Ellis

Professor Takehito TAKANO
Dr. Keiko NAKAMURA
Dr. Takeo FUJIWARA

11:00-11:30  

Closing Ceremony