Ultra-early Alzheimer’s disease pathway offers preclinical therapy potential

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You focus on protein phosphorylation in the brains of Alzheimer’s disease patients and mouse models. Please give us a brief overview of your latest findings.

A: In an earlier study, our team found that a protein called MARCKS was phosphorylated very early in mouse models, before the formation of amyloid plaques or cognitive impairment. The phosphorylation was also maintained in mouse models throughout the disease and detected even in autopsied brains of Alzheimer’s disease patients. We noticed that overstimulated or dying neurons released HMGB1 protein, which phosphorylated MARCKS via activation of TLR4 and downstream kinases. This led us to propose that HMGB1 is a promoter of an ultra-early phase (phase 0) pathology of Alzheimer’s disease.

What made you focus on targeting the early stages of the disease?

A: Therapies that break down amyloid plaques have been shown to be ineffective in clinical trials, possibly because the plaques had already formed years before symptoms appeared. This means that early intervention or prevention are crucial to success, so we looked at molecular mechanisms that occur early on in the disease. Moreover, nobody has actually found the molecule that proves the existence of an ultra-early phase (phase 0) pathology of Alzheimer’s disease before extracellular amyloid plaque (senile plaque) formation. MARCKS is the first case of such molecules directly indicating the existence of a phase 0 pathology of Alzheimer’s disease.

Please elaborate the implications of your results.

A: We noticed that patients with the highest HMGB1 levels in their spinal fluid experienced particularly rapid progression of dementia. This finding suggests that HMGB1 could be a target for preclinical therapy. To test this, we developed an antibody against HMGB1, injected it into a mouse model before the onset of the disease, and found that it prevented cognitive impairment. This means that anti-HMGB1 antibody could delay the onset of Alzheimer’s disease even when plaque accumulation has already started. This is very exciting because it indicates that people who will develop Alzheimer’s disease in the future could be treated.

Do you have plans to expand on this work?

A: Naturally, we are now developing human antibodies against HMGB1 to be used in clinical trials. If everything goes smoothly, we will start trials in five years. Development of biomarkers is another plan. A high level of HMGB1 in spinal fluid may be linked to the quick development of dementia.

Sci. Rep., doi: 10.1038/srep31895