

Gerodontology

1. Staffs and Students (April 2010)

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| Professor | Hiroshi UEMATSU | |
| Associate Professor | Tsuneto OHWATARI | |
| Junior Associate Professor | Ken-ichi KOBAYASHI, | Toshiaki SEKITA |
| Assistant Professor | Kazuo MOTOMURA, Shino MURATA, Syuuhei TAKEUCHI | Ayako NAKANE, Shinya MIKUSHI, |
| Tokunin Assistant Professor | Satoshi TERANAKA(~2010.3) | |
| Project Assistant Professor | Satoshi TERANAKA(2010.4~) | |
| | Yoko WAKASUGI, Maho TAKASHIMA(~2010.3) | Nobuhiro INOKUCHI, |
| Graduate Student | Ken-ichirou OZAKI, Mihoko SAKUMA, Ayako NOMURA, Ruriko SUZUKI, Souichi SHIBANO, | Ayako OGAWA, Chiharu YAMADA, Yoshiko UMEDA, Yousuke AKIMOTO, Chieko KUBOTA |

2. Purpose of Education

Given the increased health needs of an aging society, we aim to integrate diverse clinical specialties related to geriatric dental practice and to educate individuals of fundamental studies in each field. We emphasize a comprehensive approach to patient interactions by examining daily life functionality rather than focusing only on their diseases.

With regard to dysphagia, which can lead to aspiration pneumonia, we provide comprehensive education on causes, diagnostic methods, and rehabilitation options from a dentistry point of view. Since we regard rehabilitation as the medicine of daily living, we emphasize that dysphagia rehabilitation should be considered a method to ameliorate disability rather than diseases by introducing practical approaches in addition to factual knowledge.

3. Research Subjects

- 1) Medical management during dental treatment in elderly patients
- 2) Dysphagia screening
- 3) Evaluation method of eating disorders and dysphagia
- 4) Dental approach to dysphagia
- 5) Coordination of mastication and swallowing
- 6) Addressing dysphagia during house visits

4. Clinical Services

We manage the outpatient special care and the outpatient dysphagia rehabilitation.

1. Outpatient special care for department elderly:

Comprehensive dental treatment is given to patients who are 65 years and older with diseases spanning multiple specialties. We work together with outpatient specialty departments for complicated cases. Since many of our patients are elderly individuals with cardiovascular disease, in order to carefully manage their overall medical condition, we measure oxygen saturation with a pulse oximeter, perform electrocardiography, and monitoring a blood pressure at the time of their dental treatment. We perform invasive treatments under controlled monitoring by a specialist and take extra safety measures. In addition to providing treatment, we hold consultations before treatment and carry out highly predictable safety management.

2. Outpatient dysphagia rehabilitation:

Patients in this department are mainly inpatients from hospitals affiliated with a medical school or an oral surgery department. For inpatients from oral surgery departments, we conduct the examination and training. For inpatients of our hospitals, we work together with the hospitals physical therapy department. We organize collaboration with these physical therapy and oral surgery departments, and accept about 100 to 150 cases from these departments. With the

opening of the new outpatient department, we have received more and more requests from pulmonary, gastroenterology, and head and neck outpatient departments, as well as general medicine clinics and telephone consultations. For each case, we provide continuous guidance not only to the patients but also to associated workers and family members. Furthermore, we help introduce examination and training methods upon requests from other medical institutions that wish to practice dysphagia rehabilitation.

5. Publications

Original articles

1. Uematsu H, Yuan J, Akiyama M, Nakahama K, Sato T, Morita I: The effects of polyunsaturated fatty acids and their metabolites on osteoclastogenesis in vitro. *Prostaglandins Other Lipid Mediat.* 92(1-4):85-90. Epub 2010 Apr 13.
2. Kenichiro Ozaki, Hitoshi Kagaya, Michio Yokoyama, Eiichi Saitoh, Sumiko Okada, Marlís González-Fernández, Jeffrey B. Palmer, Hiroshi Uematsu: The Risk of Penetration or Aspiration during Videofluoroscopic Examination of Swallowing Varies Depending on Food Types. *Tohoku J. Exp. Med.*, 220, 41-46, 2010.
3. Haruka Tohara, Ayako Nakane, Shino Murata, Shinya Mikushi, Yukari Ouchi, Yoko Wakasugi, Maho Takashima, Yumi Chiba, Hiroshi Uematsu: Inter- and Intra-rater Reliability in Fibroptic Endoscopic Evaluation of Swallowing. *Journal of Oral Rehabilitation* 37; 884-891, 2010.

Review Article

Book