

To: All TMDU Academic Staff, Administrative Staff and Students
From: TMDU
Re: Measures taken against the new influenza outbreak
(Updated as a consequence of the outbreak of the new influenza A (H1N1) virus)

This document updates the existing measures that were set forth on August 15, 2009, as a result of the outbreak of the group infection with the new influenza.

TMDU Policy on the new-type Influenza

1. Regarding the prohibition against coming to school for work or study:
The policy set forth on August 28, 2009 prohibiting the arrival on campus for the purpose of work or study for teaching and administrative staff and students is hereby lifted.
2. Preventive measures: The following preventive measures are in force and should be thoroughly followed.

Preventive Measures

Please strictly follow the below precautions:

1. Avoid going to crowded areas. If you must go into a crowded area, wear a mask.
 2. When returning from a crowded area, be sure to gargle and wash your hands with soap.
 3. Before eating, be sure to gargle and wash your hands with soap.
 4. If you have a cough, wear a mask. If you do not have a mask, cough into the inside of your elbow, and avoid leaving any phlegm anywhere.
- * In case of another influenza outbreak, the preventive measures that will be taken against it may differ from the measures listed above.
- * For hospital staff: Please refer to guidelines published by your hospital's Infection Control Office.

Thank you for your attention to the above.

April 15, 2010
Tokyo Medical and Dental University
Infectious Disease Control Office